

# CARRERA FIN DE AÑO

## - LA POLA SIERO -

### - ABSOLUTA -

29 DICIEMBRE 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CAT	CLUB	CONTROL	META	RITMO
1	1	75	BAKKALI , MOHAMED	MALE	SENIOR	UNIVERSIDAD DE OVIEDO	00:04:07	00:15:08	03:02 min/Km
2	2	249	FERNÁNDEZ ÁLVAREZ , PELAYO	MALE	SENIOR	CLUB ORIENTE ATLETISMO	00:04:06	00:15:11	03:03 min/Km
3	3	35	ÁLVAREZ MARTÍNEZ , CARLOS	MALE	SENIOR	UNIVERSIDAD DE OVIEDO	00:04:06	00:15:20	03:04 min/Km
4	1	568	MONTES VALLINA , ALEJANDRO	MALE	SUB-23 (PROMESA)	PILOÑA.DEPORTE	00:04:07	00:15:28	03:06 min/Km
5	1	41	ALVAREZ PRADO , MANUEL	MALE	VET-A	PILOÑA.DEPORTE	00:04:07	00:15:32	03:07 min/Km
6	1	163	CORDERO BONITO , MAXIMO	MALE	VET-B	CD HORIZONTE GIJON	00:04:08	00:15:40	03:08 min/Km
7	1	553	MENENDEZ VALLEDOR , MANUEL	MALE	SUB-20 (JUNIOR)	APTRI	00:04:07	00:15:48	03:10 min/Km
8	2	67	ARTIME DEL CAMPO , ALVARO	MALE	SUB-23 (PROMESA)	UNIVERSIDAD DE OVIEDO	00:04:07	00:15:51	03:11 min/Km
9	2	373	GARCIA PUENTE , JONATHAN	MALE	VET-A	LA CEREZAL TEAM	00:04:07	00:15:54	03:11 min/Km
10	4	335	GARCIA BLANCO , ANDRES	MALE	SENIOR	CLUB ORIENTE ATLETISMO	00:04:09	00:16:00	03:12 min/Km
11	2	502	MARTIN ALONSO , MIGUEL	MALE	SUB-20 (JUNIOR)	APTRI	00:04:17	00:16:31	03:19 min/Km
12	3	54	AMOEDO LOPEZ , EDUARDO	MALE	VET-A	CD HORIZONTE GIJON	00:04:14	00:16:39	03:20 min/Km
13	5	262	FERNÁNDEZ DÍAZ DE GREÑU , CARLOS	MALE	SENIOR	NUN GARRES	00:04:17	00:16:44	03:21 min/Km
14	4	441	GUTIERREZ , PEDRO	MALE	VET-A	SCD RIBADESELLA	00:04:23	00:16:49	03:22 min/Km
15	6	528	MEGIDO , JONI	MALE	SENIOR	ATLETISMO VILLAVICIOSA	00:04:19	00:16:50	03:22 min/Km
16	5	331	GARCÍA ALONSO , JOSE ENRIQUE	MALE	VET-A		00:04:16	00:16:56	03:24 min/Km
17	3	689	RAMOS NOVAL , XURDE	MALE	SUB-23 (PROMESA)		00:04:17	00:17:01	03:25 min/Km
18	2	356	GARCIA LASTRA , RAMON	MALE	VET-B		00:04:18	00:17:07	03:26 min/Km
19	1	210	DIAZ GARCIA , DIEGO	MALE	SUB-18 (JUVENIL)		00:04:12	00:17:15	03:27 min/Km
20	6	567	MONTES SUAREZ , JUAN ANTONIO	MALE	VET-A	CORRESIERO ATLETISMO	00:04:23	00:17:20	03:28 min/Km
21	7	404	GONZALEZ FERNANDEZ , FELIX	MALE	VET-A	AD XENTE CORRENDERA	00:04:36	00:17:23	03:29 min/Km
22	2	708	RODRÍGUEZ CASTAÑÓN , PABLO	MALE	SUB-18 (JUVENIL)	ATLETISMO CIUDAD DE LUGONES	00:04:25	00:17:24	03:29 min/Km
23	3	106	BUENO LORENZO , MANUEL IGNACIO	MALE	VET-B	TRIATLON GIJON	00:04:31	00:17:24	03:29 min/Km
24	1	787	SUAREZ GARCIA , MARIA	FEMALE	SENIOR-F	UNIVERSIDAD ESTADIO GIJON	00:04:26	00:17:29	03:30 min/Km
25	8	157	COBALLES , RAUL	MALE	VET-A	INDEPENDIENTE	00:04:35	00:17:33	03:31 min/Km
26	4	223	DIEGO FERNANDEZ , JOSE MIGUEL	MALE	VET-B	CALEYEROS	00:04:44	00:17:36	03:32 min/Km
27	4	371	GARCÍA PÉREZ , RUBÉN	MALE	SUB-23 (PROMESA)	TFC LLANERA	00:04:24	00:17:38	03:32 min/Km
28	9	296	FERNANDEZ RODRIGUEZ , MIGUEL	MALE	VET-A	ROADRUNNERS	00:04:25	00:17:40	03:32 min/Km
29	10	150	CEA SANTIAGO , MARCOS	MALE	VET-A	INDEPENDIENTE	00:04:23	00:17:41	03:33 min/Km
30	11	753	SÁNCHEZ QUIROGA , SERGIO	MALE	VET-A	INDEPENDIENTE	00:04:36	00:17:42	03:33 min/Km
31	3	160	COLAO FONSECA , GREGORIO	MALE	SUB-20 (JUNIOR)	ESTADIO GIJÓN	00:04:36	00:17:42	03:33 min/Km
32	5	543	MENÉNDEZ FERNÁNDEZ , ALBERTO	MALE	VET-B	INDEPENDIENTE	00:04:37	00:17:46	03:34 min/Km
33	12	443	GUTIERREZ ASCARIZ , PABLO	MALE	VET-A	INDEPENDIENTE	00:04:34	00:17:47	03:34 min/Km
34	6	856	ZUBIZARRETA MORALES , ANGEL	MALE	VET-B	CENTRO ASTURIANO DE OVIEDO	00:04:43	00:17:47	03:34 min/Km
35	7	650	PÉREZ FERNANDEZ , FRANCISCO DE ASIS	MALE	VET-B	CENTRO ASTURIANO DE OVIEDO	00:04:43	00:17:49	03:34 min/Km
36	13	521	MARTÍNEZ PICÓN , PEDRO	MALE	VET-A	TRIATLON GIJON	00:04:31	00:17:50	03:34 min/Km
37	14	325	FUEGO MARTÍNEZ , JUAN	MALE	VET-A	CLUB AVIENTU	00:04:38	00:17:51	03:35 min/Km
38	15	70	ATIENZA BODES , FERNANDO	MALE	VET-A	CORRESIERO ATLETISMO	00:04:18	00:17:52	03:35 min/Km

# CARRERA FIN DE AÑO

## - LA POLA SIERO -

### - ABSOLUTA -

29 DICIEMBRE 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CAT	CLUB	CONTROL	META	RITMO
39	7	852	YÁÑEZ COTO , DAVID	MALE	SENIOR	TRIATLON GIJON	00:04:53	00:17:52	03:35 min/Km
40	16	156	CLAVERO REBOLLO , MARIO	MALE	VET-A		00:04:38	00:17:53	03:35 min/Km
41	17	539	MENÉNDEZ FERNÁNDEZ , BERNARDO	MALE	VET-A	NO TE OXIDES	00:04:38	00:17:54	03:35 min/Km
42	2	321	FRECHILLA GARCIA , MARTA	FEMALE	SENIOR-F	ATLETISMO PLAYAS DE CASTELLON	00:04:33	00:17:59	03:36 min/Km
43	18	29	ALVAREZ GARCÍA , ANDRES JAVIER	MALE	VET-A	CORRESIERO ATLETISMO	00:04:38	00:18:00	03:36 min/Km
44	1	834	VERGARA , LUCÍA	FEMALE	SUB-23 (PROMESA)-F	UNIVERSIDAD OVIEDO	00:04:36	00:18:06	03:38 min/Km
45	19	461	JIMENEZ GONZALEZ , BORJA	MALE	VET-A	TRIATLON LUGONES	00:04:48	00:18:06	03:38 min/Km
46	5	669	PRESA ARIAS , JORGE	MALE	SUB-23 (PROMESA)	INDEPENDIENTE	00:04:36	00:18:07	03:38 min/Km
47	20	781	SUAREZ BEGEGA , HECTOR	MALE	VET-A	CLUB PICU DUBIL	00:04:51	00:18:08	03:38 min/Km
48	1	674	PRIETO FERNANDEZ , JOSE LUIS	MALE	VET-C	C.D. 2007 LLANERA	00:04:43	00:18:09	03:38 min/Km
49	8	383	GARCÍA VILLA , MARCOS	MALE	SENIOR	DARK LION CROSSFIT	00:04:25	00:18:15	03:39 min/Km
50	21	837	VIDAL RUBIERA , MIGUEL	MALE	VET-A	CORRESIERO	00:04:30	00:18:17	03:40 min/Km
51	22	517	MARTÍNEZ MENÉNDEZ , SABINO	MALE	VET-A	AVIENTU	00:04:48	00:18:19	03:40 min/Km
52	9	444	HAIVAS , SORIN	MALE	SENIOR	GAITERO-ATLETISMO	00:04:43	00:18:19	03:40 min/Km
53	10	627	PALICIO RODRÍGUEZ , Pelayo	MALE	SENIOR	LA RIBERA OVIEDO KAYAK	00:04:50	00:18:20	03:40 min/Km
54	11	707	RODRÍGUEZ CARBALLIDO , SERGIO M.	MALE	SENIOR	INDEPENDIENTE	00:04:52	00:18:21	03:41 min/Km
55	3	754	SANCHEZ RODRIGUEZ , CARLOS	MALE	SUB-18 (JUVENIL)	INDEPENDIENTE	00:04:36	00:18:23	03:41 min/Km
56	23	158	COCAÑA PEREZ , PABLO	MALE	VET-A	NAVATRIL	00:04:31	00:18:23	03:41 min/Km
57	12	740	SAEZ RODRIGUEZ , JOSE FAUSTINO	MALE	SENIOR	INDEPENDIENTE	00:05:02	00:18:26	03:42 min/Km
58	24	800	SUÁREZ YEGUAS , MARTIN	MALE	VET-A	INDEPENDIENTE	00:04:48	00:18:30	03:42 min/Km
59	1	33	ALVAREZ HERRERO , ESTHER	FEMALE	VET-B-F	BATHCO RUNNING TEAM	00:04:51	00:18:31	03:43 min/Km
60	8	584	MUÑIZ SUÁREZ , FRANCISCO MANUEL	MALE	VET-B	CORRESIERO ATLETISMO	00:04:41	00:18:35	03:43 min/Km
61	25	493	LORENZO RUBIO , IVÁN	MALE	VET-A	CLUB CORRER ASTURIAS	00:04:44	00:18:36	03:44 min/Km
62	1	487	LÓPEZ VÁZQUEZ , LAURA	FEMALE	SUB-18 (JUVENIL)-F	ATLETISMO CIUDAD DE LUGONES	00:04:51	00:18:36	03:44 min/Km
63	13	359	GARCIA MARTIN , JONATAN	MALE	SENIOR	CLUB NATACIÓN SANTA OLAYA	00:05:20	00:18:42	03:45 min/Km
64	4	530	MENCIA MENÉNDEZ , MARCOS	MALE	SUB-20 (JUNIOR)	INDEPENDIENTE	00:05:27	00:18:43	03:45 min/Km
65	26	721	RODRÍGUEZ QUINCE , SERGIO	MALE	VET-A		00:04:52	00:18:52	03:47 min/Km
66	14	767	SERRANO POZUECO , JORGE	MALE	SENIOR		00:05:00	00:18:55	03:47 min/Km
67	3	525	MAUJO LLAMES , ISABEL	FEMALE	SENIOR-F	GAITERO-ATLETISMO	00:04:57	00:18:57	03:48 min/Km
68	27	329	GALÁN MANSILLA , ADRIÁN	MALE	VET-A	TRIATLON LUGONES	00:04:42	00:19:03	03:49 min/Km
69	6	171	CORUJO FDEZ , JOSÉ	MALE	SUB-23 (PROMESA)	INDEPENDIENTE	00:05:10	00:19:04	03:49 min/Km
70	4	639	PATRAMANSKA , HANNA	FEMALE	SENIOR-F	OVIEDO ATLETISMO	00:04:52	00:19:04	03:49 min/Km
71	15	427	GONZÁLEZ SOMOANO , IGNACIO	MALE	SENIOR		00:05:01	00:19:05	03:49 min/Km
72	9	56	ANTON TRESPALACIOS , PEDRO JOSE	MALE	VET-B	TORBOLIN	00:04:51	00:19:06	03:50 min/Km
73	5	310	FERNÁNDEZGARCÍA , TAMARA	FEMALE	SENIOR-F	LA CEREZAL TEAM	00:04:51	00:19:06	03:50 min/Km
74	10	545	MENENDEZ GONZALEZ , MAXIMINO	MALE	VET-B	GALGALUGONES	00:05:03	00:19:08	03:50 min/Km
75	4	748	SÁNCHEZ FERNANDEZ , ENOL	MALE	SUB-18 (JUVENIL)		00:04:53	00:19:15	03:51 min/Km
76	16	78	BÁRCENA RODRÍGUEZ , ISRAEL	MALE	SENIOR	INDEPENDIENTE	00:05:19	00:19:16	03:52 min/Km

# CARRERA FIN DE AÑO

## - LA POLA SIERO -

### - ABSOLUTA -

29 DICIEMBRE 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CAT	CLUB	CONTROL	META	RITMO
77	5	152	CEMBRANOS FERNÁNDEZ , MANUEL	MALE	SUB-20 (JUNIOR)	INDEPENDIENTE	00:05:20	00:19:16	03:52 min/Km
78	11	643	PEÑA JUNCO , RENE	MALE	VET-B	CALEYEROS	00:04:44	00:19:16	03:52 min/Km
79	28	135	CARDONA GONZALEZ , ALBERTO	MALE	VET-A	EL SANEDRIN	00:05:08	00:19:24	03:53 min/Km
80	17	239	FEITO , DANIEL	MALE	SENIOR	INDEPENDIENTE	00:05:20	00:19:25	03:53 min/Km
81	2	16	ALONSO PEREZ , LUIS ÁNGEL	MALE	VET-C		00:05:06	00:19:26	03:54 min/Km
82	18	355	GARCÍA HUERTA , ADRIÁN	MALE	SENIOR		00:04:40	00:19:26	03:54 min/Km
83	19	687	QUIRÓS VALDÉS , RICARDO	MALE	SENIOR	CLUB DE CORREDORES DREAMFIT OVIEDO	00:06:02	00:19:31	03:55 min/Km
84	29	181	CUADRADO AGUADO , DAVID	MALE	VET-A	INDEPENDIENTE	00:05:03	00:19:31	03:55 min/Km
85	12	22	ÁLVAREZ CABAL , CARLOS	MALE	VET-B	INDEPENDIENTE	00:05:04	00:19:33	03:55 min/Km
86	13	703	RODRÍGUEZ ÁLVAREZ , JUAN CARLOS	MALE	VET-B	CORRESIERO ATLETISMO	00:05:11	00:19:36	03:56 min/Km
87	1	28	ÁLVAREZ FIDALGO , ROSA	FEMALE	VET-A-F	INDEPENDIENTE	00:05:05	00:19:37	03:56 min/Km
88	2	617	OTERO IGLESIAS , LILIANA	FEMALE	VET-A-F	SCD RIBADESELLA	00:05:05	00:19:39	03:56 min/Km
89	20	385	GAZAPO , CARLOS	MALE	SENIOR	JABATO VELOZ	00:04:55	00:19:39	03:56 min/Km
90	14	688	RAIGOSO RIVAS , RUBEN	MALE	VET-B	INDEPENDIENTE	00:05:28	00:19:42	03:57 min/Km
91	3	51	ALVAREZ VEGA , MARTA	FEMALE	VET-A-F	INDEPENDIENTE	00:05:01	00:19:46	03:58 min/Km
92	15	580	MORODO RUITIÑA , LUIS	MALE	VET-B		00:04:57	00:19:54	03:59 min/Km
93	30	822	VALLINA RODRIGUEZ , ALEX	MALE	VET-A	INDEPENDIENTE	00:04:57	00:19:54	03:59 min/Km
94	21	47	ALVAREZ RODRIGUEZ , ALEJANDRO	MALE	SENIOR	INDEPENDIENTE	00:05:55	00:19:56	03:60 min/Km
95	16	82	BARRIALES GUTIERREZ , JOSE ANTONIO	MALE	VET-B	INDEPENDIENTE	00:05:13	00:19:57	03:60 min/Km
96	22	716	RODRÍGUEZ NAREDO , ASLEY	MALE	SENIOR	CLUB PIRAGÜISMO EL SELLA	00:05:43	00:19:57	03:60 min/Km
97	23	192	DEL BUSTIO DIAZ , ANDRÉS	MALE	SENIOR		00:05:35	00:19:58	03:60 min/Km
98	17	691	RAMOS RODRIGUEZ , JUAN CARLOS	MALE	VET-B		00:05:46	00:20:00	04:00 min/Km
99	24	763	SANTIAGO MARTIN , ALBERTO	MALE	SENIOR	TEAM LOTTO JUMBO NL	00:04:57	00:20:00	04:00 min/Km
100	31	193	DEL CAMPO RODRIGUEZ , JOSE	MALE	VET-A	INDEPENDIENTE	00:05:12	00:20:02	04:01 min/Km
101	32	745	SANCHEZ DEL BUSTO , ABRAHAM	MALE	VET-A	C.C.VALLS MINEROS	00:06:35	00:20:04	04:01 min/Km
102	7	146	CASTAÑO MOLLEDA , LUCAS	MALE	SUB-23 (PROMESA)	DARK LION CROSSFIT	00:04:37	00:20:05	04:01 min/Km
103	18	499	MARIN OTERO , MARIO	MALE	VET-B	CORRESIERO ATLETISMO	00:05:23	00:20:05	04:01 min/Km
104	25	277	FERNANDEZ GONZALEZ , SERGIO	MALE	SENIOR	CLUB CORRER ASTURIAS	00:05:13	00:20:06	04:02 min/Km
105	33	447	HERRERO VALDES , JOSÉ ALBERTO	MALE	VET-A		00:05:14	00:20:06	04:02 min/Km
106	26	712	RODRÍGUEZ GONZÁLEZ , DARIÓ GONZALO	MALE	SENIOR		00:05:11	00:20:09	04:02 min/Km
107	34	66	ARIAS TUÑÓN , LUIS	MALE	VET-A	CORRE QUE TE PILLO	00:05:29	00:20:10	04:02 min/Km
108	3	131	CÁRAVES SOBERADO , JOSE ANTONIO	MALE	VET-C	ATLÉTICO SUARÍAS	00:05:15	00:20:10	04:02 min/Km
109	2	501	MARTÍN ALONSO , MARÍA	FEMALE	SUB-18 (JUVENIL)-F	APTRI	00:05:10	00:20:13	04:03 min/Km
110	5	785	SUAREZ GARCIA , MANUEL	MALE	SUB-18 (JUVENIL)	INDEPENDIENTE	00:05:28	00:20:16	04:04 min/Km
111	4	274	FERNÁNDEZ GARCÍA , MONCHI	MALE	VET-C	NEUROPRAXIS	00:05:15	00:20:16	04:04 min/Km
112	3	496	LUENGOS ONÍS , INÉS	FEMALE	SUB-18 (JUVENIL)-F	ATLETISMO CIUDAD DE LUGONES	00:05:10	00:20:17	04:04 min/Km
113	4	739	SÁEZ NAVARRO , CANDELA	FEMALE	SUB-18 (JUVENIL)-F	ATLETISMO CIUDAD DE LUGONES	00:05:10	00:20:17	04:04 min/Km
114	5	291	FERNÁNDEZ PÉREZ , LUCÍA	FEMALE	SUB-18 (JUVENIL)-F	ATLETISMO CIUDAD DE LUGONES	00:05:10	00:20:18	04:04 min/Km

# CARRERA FIN DE AÑO

## - LA POLA SIERO -

### - ABSOLUTA -

29 DICIEMBRE 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CAT	CLUB	CONTROL	META	RITMO
115	19	400	GONZALEZ CARDEÑOSO , MARCOS	MALE	VET-B		00:04:45	00:20:18	04:04 min/Km
116	20	471	LLADA SUÁREZ , JUAN CARLOS	MALE	VET-B		00:05:19	00:20:19	04:04 min/Km
117	27	711	RODRIGUEZ GARCÍA , EDUARDO	MALE	SENIOR	JUDO CORUJO	00:04:59	00:20:20	04:04 min/Km
118	35	849	VILLAR GUTIÉRREZ , EDUARDO	MALE	VET-A	C.V. NOREÑA	00:05:21	00:20:20	04:04 min/Km
119	36	282	FERNANDEZ LOREIRO , RAUL	MALE	VET-A	CLUB AVIENTU	00:05:12	00:20:21	04:05 min/Km
120	28	810	TOMÁS ORDIALES , JAIME	MALE	SENIOR	INDEPENDIENTE	00:06:14	00:20:28	04:06 min/Km
121	37	666	POZO , RUBEN	MALE	VET-A	TRIDREAMS	00:05:41	00:20:30	04:06 min/Km
122	38	814	TORRES DIAZ , PABLO	MALE	VET-A	CORRESIERO ATLETISMO	00:05:18	00:20:31	04:07 min/Km
123	21	667	POZUELO MARTÍNEZ , GRACINIANO	MALE	VET-B	INDEPENDIENTE	00:05:46	00:20:31	04:07 min/Km
124	6	738	SAEZ , MARINA	FEMALE	SUB-18 (JUVENIL)-F	ATLETISMO CIUDAD DE LUGONES	00:05:47	00:20:33	04:07 min/Km
125	29	572	MORATO , VICTOR	MALE	SENIOR		00:05:35	00:20:34	04:07 min/Km
126	39	121	CANAS , VICENTE	MALE	VET-A		00:06:08	00:20:35	04:07 min/Km
127	2	100	BRAÑA FERNANDEZ , EVA MARIA	FEMALE	VET-B-F	CENTRO ASTURIANO DE OVIEDO	00:05:18	00:20:35	04:07 min/Km
128	22	515	MARTÍNEZ GARCÍA , IGNACIO	MALE	VET-B	CORRE QUE TE PILLO	00:05:45	00:20:36	04:08 min/Km
129	23	764	SANTOS LOBATO , JOSÉ LUIS	MALE	VET-B	COMERCIAL ULSA ATLETISMO	00:05:47	00:20:36	04:08 min/Km
130	30	311	FERRERA SANTOS , SERGIO	MALE	SENIOR	CORRESIERO	00:05:30	00:20:36	04:08 min/Km
131	40	384	GARRIDO VALLE , DANIEL	MALE	VET-A		00:04:53	00:20:37	04:08 min/Km
132	6	450	HUERTA FERNÁNDEZ , ALFONSO	MALE	SUB-18 (JUVENIL)		00:05:08	00:20:37	04:08 min/Km
133	24	518	MARTINEZ MOLINA , SANTIAGO	MALE	VET-B	INDEPENDIENTE	00:05:17	00:20:37	04:08 min/Km
134	25	19	ALVAREZ , SERGIO	MALE	VET-B	INDEPENDIENTE	00:05:30	00:20:40	04:08 min/Km
135	41	279	FERNÁNDEZ LEÓN , ALEJANDRO	MALE	VET-A		00:05:31	00:20:40	04:08 min/Km
136	42	151	CELORIO TEMPRANA , DANIEL	MALE	VET-A		00:05:23	00:20:41	04:09 min/Km
137	8	436	GRANDA GONZALEZ , ALONSO	MALE	SUB-23 (PROMESA)		00:05:07	00:20:43	04:09 min/Km
138	43	550	MENENDEZ SUAREZ , ADRIÁN	MALE	VET-A	INDEPENDIENTE	00:05:33	00:20:44	04:09 min/Km
139	44	752	SÁNCHEZ PERTIERRA , JORGE	MALE	VET-A	TRIDREAMS	00:05:32	00:20:46	04:10 min/Km
140	26	117	CAMPAL MARTÍNEZ , EMILIO	MALE	VET-B	INDEPENDIENTE	00:06:02	00:20:46	04:10 min/Km
141	27	244	FER , FER	MALE	VET-B	TRI4FIT RUNNERS OVIEDO	00:05:38	00:20:46	04:10 min/Km
142	45	548	MENENDEZ PEREZ , EDUARDO	MALE	VET-A		00:05:39	00:20:56	04:12 min/Km
143	5	824	VALLINA SÁNCHEZ , MANUEL JESÚS	MALE	VET-C		00:05:20	00:20:58	04:12 min/Km
144	46	246	FERNANDEZ , FELIP	MALE	VET-A		00:05:34	00:20:58	04:12 min/Km
145	31	727	ROJO TRUJILLO , VÍCTOR	MALE	SENIOR		00:05:49	00:21:01	04:13 min/Km
146	47	434	GONZÁLEZ VELASCO , DAVID	MALE	VET-A		00:05:34	00:21:05	04:13 min/Km
147	28	290	FERNÁNDEZ PALICIO , NICOLAS	MALE	VET-B	CORRESIERO	00:05:30	00:21:05	04:13 min/Km
148	32	286	FERNÁNDEZ MONTES , JORGE	MALE	SENIOR	INDEPENDIENTE	00:07:03	00:21:06	04:14 min/Km
149	48	69	ATARÉS ORTIZ , PEDRO	MALE	VET-A	INDEPENDIENTE	00:05:45	00:21:10	04:14 min/Km
150	49	825	VARILLAS CAMIÑA , JOSE DAVID	MALE	VET-A	AVIENTU	00:05:19	00:21:10	04:14 min/Km
151	4	468	LARUELO HORTAL , MAGDALENA	FEMALE	VET-A-F		00:05:30	00:21:11	04:15 min/Km
152	50	561	MONTES CAMINO , DAVID	MALE	VET-A		00:05:31	00:21:11	04:15 min/Km

# CARRERA FIN DE AÑO

## - LA POLA SIERO -

### - ABSOLUTA -

29 DICIEMBRE 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CAT	CLUB	CONTROL	META	RITMO
153	7	211	DIAZ GARCÍA , ROBERTO	MALE	SUB-18 (JUVENIL)		00:04:36	00:21:12	04:15 min/Km
154	3	118	CAMPO VARELA , NURIA	FEMALE	VET-B-F	CORRESIERO ATLETISMO	00:05:29	00:21:13	04:15 min/Km
155	5	700	ROCÉS MENCÍA , MARÍA JOSÉ	FEMALE	VET-A-F	CORRESIERO	00:05:29	00:21:13	04:15 min/Km
156	33	850	VILLAR ROCES , JAVIER	MALE	SENIOR	INDEPENDIENTE	00:05:30	00:21:15	04:15 min/Km
157	8	225	DIEGO VIGIL , DANIEL	MALE	SUB-18 (JUVENIL)	INDEPENDIENTE	00:05:51	00:21:17	04:16 min/Km
158	29	840	VIGIL FERNANDEZ , ALBERTO	MALE	VET-B	INDEPENDIENTE	00:05:35	00:21:17	04:16 min/Km
159	9	306	FERNÁNDEZ SUÁREZ , ALEX	MALE	SUB-18 (JUVENIL)		00:05:02	00:21:17	04:16 min/Km
160	34	50	ÁLVAREZ VEGA , JAVIER	MALE	SENIOR	INDEPENDIENTE	00:06:14	00:21:18	04:16 min/Km
161	35	34	ÁLVAREZ LAVANDERA , PELAYO	MALE	SENIOR	INDEPENDIENTE	00:05:43	00:21:18	04:16 min/Km
162	51	585	MUÑOZ IGLESIAS , ALEJANDRO	MALE	VET-A	INDEPENDIENTE	00:05:38	00:21:20	04:16 min/Km
163	52	392	GONZÁLEZ ALONSO , DIEGO	MALE	VET-A	CD 2007 LLANERA	00:05:39	00:21:20	04:16 min/Km
164	53	731	ROSAL PALACIO , ENRIQUE	MALE	VET-A	ZYMKO TEAM	00:05:39	00:21:21	04:17 min/Km
165	54	815	TOYOS HUERTA , OSCAR	MALE	VET-A		00:05:37	00:21:22	04:17 min/Km
166	30	68	ARTÍMEZ , IVAN	MALE	VET-B		00:06:06	00:21:23	04:17 min/Km
167	55	660	PIQUERO CAICOYA , VICTOR	MALE	VET-A	INDEPENDIENTE	00:06:26	00:21:24	04:17 min/Km
168	36	490	LOREDO GUTIÉRREZ , PELAYO	MALE	SENIOR		00:06:27	00:21:28	04:18 min/Km
169	56	760	SANCHEZ VALLE , ANDRES	MALE	VET-A	INDEPENDIENTE	00:06:13	00:21:30	04:18 min/Km
170	7	417	GONZALEZ MUÑIZ , ANA	FEMALE	SUB-18 (JUVENIL)-F	INDEPENDIENTE	00:08:26	00:21:33	04:19 min/Km
171	57	464	JUNQUERA MONTES , DARIO	MALE	VET-A		00:05:39	00:21:33	04:19 min/Km
172	37	484	LÓPEZ GUERRA , JACOBO	MALE	SENIOR		00:05:50	00:21:35	04:19 min/Km
173	31	340	GARCÍA COSIO , ADRIAN	MALE	VET-B		00:05:54	00:21:38	04:20 min/Km
174	58	358	GARCÍA LÓPEZ , JORGE	MALE	VET-A	GO FIT RUNNERS	00:05:37	00:21:44	04:21 min/Km
175	38	324	FUEGO GARCÍA , SAÚL	MALE	SENIOR	INDEPENDIENTE	00:05:26	00:21:45	04:21 min/Km
176	10	777	SOMOANO PEREZ , HUGO	MALE	SUB-18 (JUVENIL)	INDEPENDIENTE	00:05:34	00:21:48	04:22 min/Km
177	9	410	GONZÁLEZ HEVIA , JUAN	MALE	SUB-23 (PROMESA)	REBOLLAL RUNNERS DE MUÑO	00:06:09	00:21:49	04:22 min/Km
178	59	240	FEITO BLANCO , FRANCISCO JAVIER	MALE	VET-A	INDEPENDIENTE	00:06:15	00:21:50	04:22 min/Km
179	6	5	AGUILAR-GALINDO BUSTIO , JAVIER	MALE	VET-C	INDEPENDIENTE	00:05:46	00:21:51	04:23 min/Km
180	4	510	MARTÍNEZ DOCAMPO , MARÍA	FEMALE	VET-B-F	INDEPENDIENTE	00:05:56	00:21:55	04:23 min/Km
181	60	776	SOLÍS MARCOS , CÉSAR	MALE	VET-A	CLUB DE MAR MALLORCA	00:06:28	00:21:56	04:24 min/Km
182	10	366	GARCIA MENENDEZ , YAGO	MALE	SUB-23 (PROMESA)	INDEPENDIENTE	00:07:08	00:21:56	04:24 min/Km
183	39	581	MORTERA GARCÍA , CARLOS	MALE	SENIOR	INDEPENDIENTE	00:06:45	00:22:01	04:25 min/Km
184	61	44	ALVAREZ QUINCE , GUSTAVO	MALE	VET-A	INDEPENDIENTE	00:06:27	00:22:04	04:25 min/Km
185	40	222	DÍAZ VIGIL , JOSÉ MARÍA	MALE	SENIOR		00:06:13	00:22:05	04:25 min/Km
186	41	132	CARBAJAL , RENÉ	MALE	SENIOR		00:06:14	00:22:05	04:25 min/Km
187	32	686	QUIRÓS RODRÍGUEZ , JOSE RAMON	MALE	VET-B	CORRESIERO	00:05:59	00:22:07	04:26 min/Km
188	6	376	GARCÍA RIVERO , ROMINA	FEMALE	SENIOR-F	BATHCO RUNNING TEAM	00:05:44	00:22:07	04:26 min/Km
189	1	159	COE , CLELLAN	FEMALE	VET-C-F		00:05:44	00:22:08	04:26 min/Km
190	62	702	RODRIGUEZ ALVAREZ , ANTONIO	MALE	VET-A	INDEPENDIENTE	00:07:16	00:22:08	04:26 min/Km



# CARRERA FIN DE AÑO

## - LA POLA SIERO -

### - ABSOLUTA -

29 DICIEMBRE 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CAT	CLUB	CONTROL	META	RITMO
191	63	478	LLORENTE , DIEGO	MALE	VET-A		00:07:18	00:22:09	04:26 min/Km
192	64	142	CASQUERO COSIO , MIGUEL	MALE	VET-A	BUJIS	00:07:19	00:22:09	04:26 min/Km
193	65	292	FERNANDEZ PIÑERA , ALEJANDRO	MALE	VET-A	SIDRA PIÑERA	00:05:15	00:22:09	04:26 min/Km
194	42	198	DÍAZ ALEGRE , ALBERTO	MALE	SENIOR	CLUB CORREDORES	00:06:35	00:22:10	04:26 min/Km
195	11	578	MORO SANZ , DIEGO	MALE	SUB-18 (JUVENIL)	INDEPENDIENTE	00:05:57	00:22:11	04:27 min/Km
196	5	771	SOBERÓN FLÓREZ , ELOISA	FEMALE	VET-B-F	LA CEREZAL TEAM	00:05:50	00:22:12	04:27 min/Km
197	43	93	BLANCO ANTÓN , JOSÉ MANUEL	MALE	SENIOR		00:06:27	00:22:12	04:27 min/Km
198	33	832	VENEGAS MIRANDA , ANTONIO	MALE	VET-B		00:06:18	00:22:13	04:27 min/Km
199	44	855	ZPATA HIDALGO , KEVIN	MALE	SENIOR	INDEPENDIENTE	00:06:46	00:22:13	04:27 min/Km
200	45	438	GRANDA MÉNDEZ , MIGUEL	MALE	SENIOR	ACTRI	00:05:49	00:22:13	04:27 min/Km
201	46	792	SUAREZ MENDEZ , CRISTIAN	MALE	SENIOR		00:05:42	00:22:14	04:27 min/Km
202	7	272	FERNÁNDEZ GARCÍA , BEATRIZ	FEMALE	SENIOR-F	INDEPENDIENTE	00:05:41	00:22:15	04:27 min/Km
203	47	615	ORTIZ RODRÍGUEZ , PELAYO	MALE	SENIOR	INDEPENDIENTE	00:05:58	00:22:16	04:28 min/Km
204	12	520	MARTINEZ NUÑO , PABLO	MALE	SUB-18 (JUVENIL)	INDEPENDIENTE	00:05:07	00:22:17	04:28 min/Km
205	66	362	GARCIA MEANA , NOEL	MALE	VET-A	INDEPENDIENTE	00:06:48	00:22:17	04:28 min/Km
206	67	592	NAVES MENENDEZ , BRUNO	MALE	VET-A		00:05:30	00:22:20	04:28 min/Km
207	34	809	TESTA TRAPIELLO , CARLOS	MALE	VET-B		00:06:13	00:22:22	04:29 min/Km
208	13	38	ÁLVAREZ MATILLA , VÍCTOR	MALE	SUB-18 (JUVENIL)	ATLETISMO MITREO	00:06:13	00:22:23	04:29 min/Km
209	6	801	SUAREZ YEGUAS , TANYA	FEMALE	VET-A-F	COLUNGA ATHLETISMO JURASICO	00:05:38	00:22:23	04:29 min/Km
210	6	170	CORUJO BARNES , ESTEBAN	MALE	SUB-20 (JUNIOR)	CALEYEROS	00:06:21	00:22:24	04:29 min/Km
211	6	698	ROBLEDO PIÑERA , YOLANDA	FEMALE	VET-B-F	ELI TEAM	00:05:51	00:22:27	04:30 min/Km
212	35	228	DOSANTOS CASTAÑÓN , ELÍAS	MALE	VET-B	ELI TEAM	00:05:51	00:22:27	04:30 min/Km
213	14	576	MORO MUÑIZ , SERGIO	MALE	SUB-18 (JUVENIL)	INDEPENDIENTE	00:05:14	00:22:28	04:30 min/Km
214	36	14	ALONSO GARCÍA , ANGEL	MALE	VET-B		00:05:58	00:22:29	04:30 min/Km
215	8	256	FERNÁNDEZ CEFERINO , SARA	FEMALE	SENIOR-F	RUNMARC	00:05:35	00:22:29	04:30 min/Km
216	11	326	FUEYO FERNÁNDEZ , CHRISTIAN	MALE	SUB-23 (PROMESA)	INDEPENDIENTE	00:05:57	00:22:29	04:30 min/Km
217	37	86	BENAVIDES PEREZ , PEDRO	MALE	VET-B		00:05:43	00:22:30	04:30 min/Km
218	38	684	QUIRÓS COLUNGA , JAVIER	MALE	VET-B		00:06:15	00:22:30	04:30 min/Km
219	48	114	CAMINO GONZÁLEZ , JAVIER	MALE	SENIOR	INDEPENDIENTE	00:06:35	00:22:31	04:31 min/Km
220	39	733	ROZA CASCALLANA , EFREN	MALE	VET-B	RAPOSOS TRAIL TEAM	00:06:32	00:22:31	04:31 min/Km
221	68	148	CASTAÑO SANTAMARINA , DAVID	MALE	VET-A	CORRESIERO ATLETISMO	00:06:37	00:22:32	04:31 min/Km
222	69	635	PAREDES GARCIA , IVAN	MALE	VET-A		00:06:20	00:22:32	04:31 min/Km
223	49	297	FERNÁNDEZ RODRÍGUEZ , ROBERTO	MALE	SENIOR		00:06:18	00:22:36	04:32 min/Km
224	50	827	VÁZQUEZ GUILLEN , BORJA	MALE	SENIOR		00:07:19	00:22:37	04:32 min/Km
225	51	197	DIAGNE , PABLO	MALE	SENIOR	DARK LION CROSSFIT	00:07:20	00:22:37	04:32 min/Km
226	40	315	FIGAREDO FERNÁNDEZ , CARLOS	MALE	VET-B	INDEPENDIENTE	00:06:23	00:22:38	04:32 min/Km
227	12	393	GONZÁLEZ ALONSO , DIEGO	MALE	SUB-23 (PROMESA)	CLUB DE CORREDORES DREAMFIT OVIEDO	00:06:58	00:22:39	04:32 min/Km
228	41	500	MARTIN , RAUL	MALE	VET-B	TRIATLON LUGONES	00:06:02	00:22:39	04:32 min/Km

# CARRERA FIN DE AÑO

## - LA POLA SIERO -

### - ABSOLUTA -

29 DICIEMBRE 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CAT	CLUB	CONTROL	META	RITMO
229	7	205	DÍAZ FANJUL , VANESA	FEMALE	VET-A-F	TRIATLON LUGONES	00:06:02	00:22:39	04:32 min/Km
230	52	389	GÓMEZ FUEGO , JUAN	MALE	SENIOR	INDEPENDIENTE	00:06:13	00:22:39	04:32 min/Km
231	42	675	PRIETO QUIROS , MARIO	MALE	VET-B	INDEPENDIENTE	00:06:10	00:22:39	04:32 min/Km
232	43	454	IGLESIAS PEINADO , ALEJANDRO	MALE	VET-B	BATHCO RUNNING TEAM	00:05:49	00:22:40	04:32 min/Km
233	7	524	MATILLA COB , MARÍA DOLORES	FEMALE	VET-B-F	ATLETISMO MITREO	00:06:33	00:22:40	04:32 min/Km
234	53	253	FERNÁNDEZ BLANCO , PELAYO	MALE	SENIOR	INDEPENDIENTE	00:05:38	00:22:42	04:33 min/Km
235	70	816	ÚBEDA CANO , ABEL	MALE	VET-A	INDEPENDIENTE	00:06:21	00:22:43	04:33 min/Km
236	71	795	SUAREZ MIER , JAVIER	MALE	VET-A	YOPLAYT	00:06:28	00:22:44	04:33 min/Km
237	8	421	GONZÁLEZ PÉREZ , LORENA	FEMALE	VET-A-F		00:05:53	00:22:45	04:33 min/Km
238	44	380	GARCÍA SIERRA , MARCIAL	MALE	VET-B		00:06:28	00:22:45	04:33 min/Km
239	9	843	VIGIL MUÑIZ , ISA	FEMALE	VET-A-F	OVETUS CROSSFIT	00:06:28	00:22:45	04:33 min/Km
240	9	570	MONTOTO VALLE , NATALIA	FEMALE	SENIOR-F	INDEPENDIENTE	00:05:48	00:22:46	04:34 min/Km
241	72	167	CORTE BLANCO , DAVID	MALE	VET-A	INDEPENDIENTE	00:05:48	00:22:46	04:34 min/Km
242	10	109	CALVO NOVAL , PAMELA	FEMALE	VET-A-F	SKYPI TEAM	00:06:16	00:22:47	04:34 min/Km
243	73	532	MENDEZ FERNANDEZ , ALEJANDRO	MALE	VET-A	SKYPI TEAM	00:06:16	00:22:47	04:34 min/Km
244	7	343	GARCIA DIAZ , MANUEL	MALE	VET-C		00:05:51	00:22:50	04:34 min/Km
245	74	477	LLERA LÓPEZ , JAIME	MALE	VET-A		00:06:27	00:22:50	04:34 min/Km
246	11	696	RIESTRA FERNANDEZ , CRISTINA	FEMALE	VET-A-F		00:05:58	00:22:52	04:35 min/Km
247	54	804	TEJA GRANDA , JESÚS	MALE	SENIOR		00:06:27	00:22:53	04:35 min/Km
248	75	833	VENEGAS MIRANDA , OCTAVIO	MALE	VET-A		00:06:18	00:22:57	04:36 min/Km
249	55	126	CANO ALVAREZ , ALBERTO	MALE	SENIOR	INDEPENDIENTE	00:06:27	00:22:59	04:36 min/Km
250	8	352	GARCÍA GONZÁLEZ , FRANCISCO JOSÉ	MALE	VET-C		00:06:18	00:23:00	04:36 min/Km
251	76	308	FERNANDEZ VAZQUEZ , ADRIAN	MALE	VET-A	INDEPENDIENTE	00:07:04	00:23:02	04:37 min/Km
252	9	612	ORDIERES TUERO , JOSÉ RAMÓN	MALE	VET-C		00:06:10	00:23:03	04:37 min/Km
253	45	742	SÁNCHEZ ANTUÑA , RUBÉN	MALE	VET-B	INDEPENDIENTE	00:06:08	00:23:03	04:37 min/Km
254	77	773	SOLER RANCAÑO , BENITO	MALE	VET-A	TRIDREAMS	00:06:09	00:23:04	04:37 min/Km
255	78	405	GONZALEZ FERNANDEZ , IBAN	MALE	VET-A	TRIDREAMS	00:06:27	00:23:04	04:37 min/Km
256	79	369	GARCIA PEREIRA , AITOR	MALE	VET-A	ENTRENA CORRIENDO LOGROÑO	00:06:28	00:23:05	04:37 min/Km
257	80	625	PALACIOS CORRALES , ANDRÉS	MALE	VET-A	DARKLION CROSSFIT	00:06:29	00:23:08	04:38 min/Km
258	81	195	DEL ROSAL MIGOYA , CARLOS	MALE	VET-A		00:06:24	00:23:09	04:38 min/Km
259	82	309	FERNANDEZ VERDAYES , GIOVANI	MALE	VET-A		00:06:27	00:23:10	04:38 min/Km
260	56	736	RUBIO REVILLA , JAVIER	MALE	SENIOR		00:06:01	00:23:10	04:38 min/Km
261	46	204	DIAZ ESCANDON , DIEGO	MALE	VET-B		00:06:27	00:23:10	04:38 min/Km
262	83	622	PALACIO GOMEZ , ADRIAN	MALE	VET-A	INDEPENDIENTE	00:06:19	00:23:11	04:39 min/Km
263	84	796	SUÁREZ PÉREZ , DIEGO	MALE	VET-A	INDEPENDIENTE	00:06:19	00:23:11	04:39 min/Km
264	1	11	ALONSO AZCÁRATE , LAURA	FEMALE	SUB-20 (JUNIOR)-F	INDEPENDIENTE	00:06:03	00:23:12	04:39 min/Km
265	57	168	CORTE SUAREZ , PELAYO	MALE	SENIOR	DARK LION CROSSFIT	00:06:42	00:23:22	04:41 min/Km
265	57	670	PRIETO ALONSO , LUCAS	MALE	SENIOR	DARK LION CROSSFIT	00:06:21	00:23:22	04:41 min/Km

# CARRERA FIN DE AÑO

## - LA POLA SIERO -

### - ABSOLUTA -

29 DICIEMBRE 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CAT	CLUB	CONTROL	META	RITMO
267	15	757	SANCHEZ RUIZ , RAUL	MALE	SUB-18 (JUVENIL)	C.C.VALLS MINEROS	00:07:29	00:23:22	04:41 min/Km
268	85	155	CIMADEVILLA FUENTE , DAVID	MALE	VET-A	INDEPENDIENTE	00:07:04	00:23:25	04:41 min/Km
269	10	169	CORUJO ALONSO , JUAN CARLOS	MALE	VET-C	CALEYEROS	00:06:53	00:23:26	04:42 min/Km
270	86	110	CAMBLOR , MARCOS	MALE	VET-A		00:06:06	00:23:27	04:42 min/Km
271	59	495	LOZANO USÍN , JUAN MANUEL	MALE	SENIOR		00:06:28	00:23:30	04:42 min/Km
272	12	506	MARTÍN MENÉNDEZ , MARÍA	FEMALE	VET-A-F		00:06:29	00:23:31	04:43 min/Km
273	13	72	AZCÁRATE ÁLVAREZ , TERESA	FEMALE	VET-A-F		00:06:31	00:23:33	04:43 min/Km
274	11	497	LUIS GARCIA , JOSE	MALE	VET-C		00:06:48	00:23:34	04:43 min/Km
275	16	841	VIGIL GARCÍA , AARÓN	MALE	SUB-18 (JUVENIL)	EFS.SIERO	00:07:00	00:23:36	04:44 min/Km
276	87	844	VIGIL ORDÓÑEZ , DELFÍN	MALE	VET-A	INDEPENDIENTE	00:07:01	00:23:36	04:44 min/Km
277	17	179	CRISTÓBAL GONZÁLEZ , PEDRO	MALE	SUB-18 (JUVENIL)	REBOLLAL RUNNERS DE MUÑO	00:05:56	00:23:36	04:44 min/Km
278	47	547	MENENDEZ MUÑOZ , ANTONIO	MALE	VET-B	INDEPENDIENTE	00:08:02	00:23:38	04:44 min/Km
279	88	196	DEL VALLE FERNÁNDEZ , JOSE	MALE	VET-A	ZYMKO TEAM	00:06:26	00:23:40	04:44 min/Km
280	10	65	ARIAS REGUERA , PALOMA	FEMALE	SENIOR-F		00:06:04	00:23:40	04:44 min/Km
281	60	425	GONZÁLEZ RODRÍGUEZ , ADRIAN	MALE	SENIOR		00:06:04	00:23:40	04:44 min/Km
282	89	409	GONZALEZ GÜEMES , SERGIO	MALE	VET-A	CLUB MARATÓN GUAREÑA (BADAJOZ)	00:06:37	00:23:41	04:45 min/Km
283	48	323	FUEGO CASIELLES , LUIS	MALE	VET-B		00:06:29	00:23:43	04:45 min/Km
284	90	513	MARTINEZ FERNANDEZ , LUIS MIGUEL	MALE	VET-A	INDEPENDIENTE	00:07:18	00:23:44	04:45 min/Km
285	91	770	SIERRA ALVAREZ , ATILANO JOSE	MALE	VET-A	INDEPENDIENTE	00:07:32	00:23:46	04:46 min/Km
286	49	654	PEREZ MONTES , JORGE	MALE	VET-B	INDEPENDIENTE	00:07:32	00:23:46	04:46 min/Km
287	92	564	MONTES ORNIA , FERNANDO	MALE	VET-A	AVIENTU	00:07:32	00:23:46	04:46 min/Km
288	14	191	DE LA FUENTE RODRIGUEZ , YUREMA	FEMALE	VET-A-F	INDEPENDIENTE	00:07:07	00:23:47	04:46 min/Km
289	50	113	CAMBLOR VEGA , RUBÉN	MALE	VET-B		00:06:41	00:23:48	04:46 min/Km
290	93	344	GARCÍA FERNÁNDEZ , CARLOS	MALE	VET-A		00:05:59	00:23:50	04:46 min/Km
291	94	554	MERLE HEVIA , NOE	MALE	VET-A	ZYMKO TEAM	00:06:26	00:23:51	04:47 min/Km
292	15	751	SÁNCHEZ MIGUEL , LIDIA	FEMALE	VET-A-F		00:06:31	00:23:52	04:47 min/Km
293	8	134	CARDO GONZÁLEZ , BEATRIZ	FEMALE	VET-B-F	INDEPENDIENTE	00:06:27	00:23:52	04:47 min/Km
294	51	758	SÁNCHEZ SÁNCHEZ , ALFREDO	MALE	VET-B		00:06:30	00:23:52	04:47 min/Km
295	95	235	EXPÓSITO FERNÁNDEZ , MICHAEL	MALE	VET-A	LÚPULO FERROZ	00:06:53	00:23:52	04:47 min/Km
296	96	772	SOLARES MARTINEZ , DAVID	MALE	VET-A		00:06:53	00:23:53	04:47 min/Km
297	52	71	AZAUSTRE MUÑIZ , JOSE FRANCISCO	MALE	VET-B		00:05:55	00:23:53	04:47 min/Km
298	97	799	SUÁREZ SEVILLANO , RICHARD	MALE	VET-A	INDEPENDIENTE	00:06:53	00:23:53	04:47 min/Km
299	11	598	NOVAL SUAREZ , CRISTINA	FEMALE	SENIOR-F		00:06:20	00:23:54	04:47 min/Km
300	53	596	NOVAL RODRIGUEZ , MANUEL	MALE	VET-B		00:06:21	00:23:54	04:47 min/Km
301	54	124	CANGA , LEONARDO	MALE	VET-B		00:06:09	00:23:55	04:47 min/Km
302	55	189	DE LA FUENTE MIGUÉLEZ , ALBERTO	MALE	VET-B		00:06:18	00:23:55	04:47 min/Km
303	56	683	QUIROS ALONSO , CONSTANTINO	MALE	VET-B	BOX RECONQUISTA	00:05:23	00:23:55	04:47 min/Km
304	98	120	CANAL MONTE , JORGE	MALE	VET-A	OVETUS CROSSFIT	00:07:01	00:23:56	04:48 min/Km



# CARRERA FIN DE AÑO

## - LA POLA SIERO -

### - ABSOLUTA -

29 DICIEMBRE 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CAT	CLUB	CONTROL	META	RITMO
305	16	516	MARTINEZ GARCIA , VANESA	FEMALE	VET-A-F		00:07:00	00:23:56	04:48 min/Km
306	99	536	MENDEZ SERRANO , RUBEN	MALE	VET-A		00:07:00	00:23:57	04:48 min/Km
307	100	571	MORALES CAMPRUBÍ , ALFONSO	MALE	VET-A		00:07:24	00:23:57	04:48 min/Km
308	101	604	NUÑO MARTÍNEZ , ALVARO	MALE	VET-A	ZYMKO TEAM	00:06:26	00:23:58	04:48 min/Km
309	57	336	GARCIA CABEZA , LUIS MIGUEL	MALE	VET-B	ATLETISMO CIUDAD DE LUGONES	00:07:21	00:23:58	04:48 min/Km
310	58	90	BERROS FOMBELLA , JAVIER	MALE	VET-B	INDEPENDIENTE	00:06:31	00:24:00	04:48 min/Km
311	102	420	GONZALEZ PACHECO , JOSE IGNACIO	MALE	VET-A		00:06:11	00:24:02	04:49 min/Km
312	61	579	MORO VALBUENA , PABLO	MALE	SENIOR		00:06:12	00:24:06	04:50 min/Km
313	103	830	VEGA SERRANO , GUILLERMO M.	MALE	VET-A	CLUB AVIENTU	00:06:10	00:24:09	04:50 min/Km
314	59	301	FERNÁNDEZ SÁNCHEZ , IGNACIO	MALE	VET-B	INDEPENDIENTE	00:06:26	00:24:10	04:50 min/Km
315	60	23	ALVAREZ DIEZ , VICTOR	MALE	VET-B	INDEPENDIENTE	00:06:26	00:24:10	04:50 min/Km
316	12	681	QUINTANA , MANUEL	MALE	VET-C		00:07:00	00:24:10	04:50 min/Km
317	17	161	CONCHESO PANIAGUA , ELENA	FEMALE	VET-A-F	CENTRO ASTURIANO DE OVIEDO	00:07:01	00:24:11	04:51 min/Km
318	18	715	RODRIGUEZ MORO , COVADONGA	FEMALE	VET-A-F		00:06:25	00:24:14	04:51 min/Km
319	104	551	MENENDEZ TORRE , JOSE MARIA	MALE	VET-A		00:07:18	00:24:14	04:51 min/Km
320	9	489	LOPEZ VILLARROEL , BLANCA	FEMALE	VET-B-F	CORRESIERO ATLETISMO	00:07:16	00:24:16	04:52 min/Km
321	105	618	PALACIO CORRAL , MAURICIO	MALE	VET-A	CLUB DE CORREDORES DREAMFIT OVIEDO	00:06:02	00:24:16	04:52 min/Km
322	61	819	VALDES HUERGO , FRANCISCO JAVIER	MALE	VET-B	CORRESIERO ATLETISMO	00:07:18	00:24:17	04:52 min/Km
323	19	139	CASES RATO , CLAUDIA	FEMALE	VET-A-F	RUNNING FEMENINO SIERO	00:06:39	00:24:17	04:52 min/Km
324	62	631	PANDO FONSECA , MIGUEL ANGEL	MALE	VET-B	CLUB AVIENTU	00:07:32	00:24:17	04:52 min/Km
325	106	507	MARTÍNEZ ÁLVAREZ , DANIEL	MALE	VET-A	BOX RECONQUISTA	00:06:54	00:24:24	04:53 min/Km
326	107	6	ALCÁNTARA RAMIREZ , ANTONIO MANUEL	MALE	VET-A		00:06:32	00:24:29	04:54 min/Km
327	108	411	GONZÁLEZ HEVIA , MIGUEL ANTONIO	MALE	VET-A	REBOLLAL RUNNERS DE MUÑO	00:07:03	00:24:33	04:55 min/Km
328	62	797	SUÁREZ RODRÍGUEZ , ALEJANDRO	MALE	SENIOR	INDEPENDIENTE	00:07:12	00:24:33	04:55 min/Km
329	20	248	FERNÁNDEZ AGUADO , ICIAR	FEMALE	VET-A-F		00:06:26	00:24:39	04:56 min/Km
330	109	280	FERNÁNDEZ LISBONA , ESTEBAN	MALE	VET-A		00:07:46	00:24:41	04:57 min/Km
331	110	509	MARTÍNEZ DELGADO , NOÉ	MALE	VET-A		00:07:01	00:24:42	04:57 min/Km
332	63	264	FERNÁNDEZ FELICIATE , CLAUDIO	MALE	VET-B	INDEPENDIENTE	00:06:29	00:24:45	04:57 min/Km
333	111	140	CASIELLES SEVARES , FCO. JAVIER	MALE	VET-A		00:07:23	00:24:50	04:58 min/Km
334	64	186	CUESTA MENÉNDEZ , JAVIER	MALE	VET-B	CALEYEROS	00:07:16	00:24:53	04:59 min/Km
335	112	320	FONSECA SARIEGO , JORGE MANUEL	MALE	VET-A		00:07:42	00:24:54	04:59 min/Km
336	113	704	RODRIGUEZ ASENJO , SERGIO	MALE	VET-A	CORRESIERO ATLETISMO	00:07:46	00:25:00	05:00 min/Km
337	65	678	PUGA CABRICANO , FRANCISCO JOSE	MALE	VET-B	INDEPENDIENTE	00:07:21	00:25:01	05:01 min/Km
338	21	307	FERNANDEZ SUÁREZ , LORENA	FEMALE	VET-A-F	INDEPENDIENTE	00:07:46	00:25:01	05:01 min/Km
339	18	43	ÁLVAREZ PRADO , SAMUEL	MALE	SUB-18 (JUVENIL)	ESPINERA ATLETISMO	00:08:07	00:25:03	05:01 min/Km
340	66	257	FERNÁNDEZ CUESTA , PELAYO	MALE	VET-B	CORRESIERO	00:08:32	00:25:04	05:01 min/Km
341	67	508	MARTINEZ ANTUÑA , JOSE BLAS	MALE	VET-B	CORRESIERO	00:06:32	00:25:06	05:02 min/Km
342	10	233	ESTRADA MONTES , OLVIDO	FEMALE	VET-B-F	CORRESIERO	00:06:32	00:25:06	05:02 min/Km

# CARRERA FIN DE AÑO

## - LA POLA SIERO -

### - ABSOLUTA -

29 DICIEMBRE 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CAT	CLUB	CONTROL	META	RITMO
343	22	783	SUÁREZ FERNÁNDEZ , ANA ISABEL	FEMALE	VET-A-F	CORRENDEROS SOBRESOBIO TRAIL	00:07:20	00:25:12	05:03 min/Km
344	63	413	GONZÁLEZ MARTÍNEZ , PABLO	MALE	SENIOR	REBOLLAL RUNNERS DE MUÑO	00:07:11	00:25:13	05:03 min/Km
345	13	474	LLANEZA ALVAREZ , JESUS LUIS	MALE	VET-C	INDEPENDIENTE	00:07:06	00:25:13	05:03 min/Km
346	11	347	GARCIA GARCIA , CRISTINA	FEMALE	VET-B-F	RUNNING FEMENINO SIERO	00:07:15	00:25:14	05:03 min/Km
347	14	341	GARCÍA COSÍO , XOSÉ FIRMU	MALE	VET-C	INDEPENDIENTE	00:07:26	00:25:15	05:03 min/Km
348	114	433	GONZÁLEZ VEGA , JAVIER	MALE	VET-A	INDEPENDIENTE	00:06:04	00:25:16	05:04 min/Km
349	23	593	NIETO GÁNDARA , LORENA	FEMALE	VET-A-F		00:06:19	00:25:17	05:04 min/Km
350	2	406	GONZÁLEZ GANCEDO , MARÍA	FEMALE	SUB-23 (PROMESA)-F	INDEPENDIENTE	00:06:37	00:25:17	05:04 min/Km
351	15	178	CRESPO FERNÁNDEZ , JUAN	MALE	VET-C	CALEYEROS	00:07:37	00:25:18	05:04 min/Km
351	68	637	PASOS RIESTRA , MIGUEL	MALE	VET-B	CALEYEROS	00:07:37	00:25:18	05:04 min/Km
353	115	706	RODRIGUEZ BERMÚDEZ , ALFONSO	MALE	VET-A	XENTE CORRENDERA	00:07:08	00:25:21	05:05 min/Km
354	12	665	POULSEN RODERO , EVA INGRID	FEMALE	VET-B-F	INDEPENDIENTE	00:07:08	00:25:21	05:05 min/Km
355	116	538	MENÉNDEZ ALVAREZ , IGNACIO	MALE	VET-A	JUVENTUS ATLÉTICA DE NAVA	00:07:29	00:25:22	05:05 min/Km
356	117	217	DIAZ PÉREZ , JORGE	MALE	VET-A		00:07:45	00:25:22	05:05 min/Km
357	12	81	BARRERO BERDASCO , ANA MARÍA	FEMALE	SENIOR-F	INDEPENDIENTE	00:06:49	00:25:23	05:05 min/Km
358	118	15	ALONSO JIMÉNEZ , FRANCISCO JAVIER	MALE	VET-A	CORRESIERO ATLETISMO	00:06:49	00:25:24	05:05 min/Km
359	69	390	GOMEZ HERNANDO , JESUS	MALE	VET-B		00:07:10	00:25:24	05:05 min/Km
360	13	582	MOURAZOS OTERO , ROSA	FEMALE	VET-B-F	INDEPENDIENTE	00:07:40	00:25:25	05:05 min/Km
361	14	522	MARTÍNEZ TOMÁS , PILAR	FEMALE	VET-B-F		00:07:41	00:25:26	05:06 min/Km
362	70	566	MONTES RODRIGUEZ , EDUARDO	MALE	VET-B		00:07:28	00:25:27	05:06 min/Km
363	64	527	MAURICIO , ANDRÉS	MALE	SENIOR	DARK LION CROSSFIT	00:07:50	00:25:28	05:06 min/Km
364	119	174	COSIO MONTEQUIN , DIEGO	MALE	VET-A	AVIENTU	00:07:51	00:25:28	05:06 min/Km
365	16	620	PALACIO GARCIA , GONZALO	MALE	VET-C	CORRESIERO ATLETISMO	00:08:06	00:25:30	05:06 min/Km
366	120	190	DE LA FUENTE MIGUELEZ , CARLOS	MALE	VET-A	INDEPENDIENTE	00:07:18	00:25:30	05:06 min/Km
367	121	838	VIGIL CABEZA , RUFINO	MALE	VET-A	INDEPENDIENTE	00:06:21	00:25:30	05:06 min/Km
368	24	429	GONZALEZ SUAREZ , NOELIA	FEMALE	VET-A-F	EC VIELLA	00:06:50	00:25:31	05:07 min/Km
369	122	424	GONZALEZ RIVAYA , LEVÍ	MALE	VET-A	CF.NOSTY	00:07:21	00:25:31	05:07 min/Km
370	17	651	PEREZ FERNANDEZ , MARIANO	MALE	VET-C	INDEPENDIENTE	00:07:28	00:25:33	05:07 min/Km
371	71	726	ROJAS PÉREZ , FRANCISCO JAVIER	MALE	VET-B		00:08:08	00:25:34	05:07 min/Km
372	18	133	CARBAJAL , ROBERTO	MALE	VET-C		00:07:09	00:25:34	05:07 min/Km
373	65	273	FERNANDEZ GARCIA , DIEGO	MALE	SENIOR	INDEPENDIENTE	00:07:46	00:25:35	05:07 min/Km
374	25	485	LÓPEZ MENENDEZ , MARÍA	FEMALE	VET-A-F		00:07:29	00:25:35	05:07 min/Km
375	15	267	FERNÁNDEZ FERNANDEZ , MERCEDES	FEMALE	VET-B-F	INDEPENDIENTE	00:06:50	00:25:35	05:07 min/Km
376	72	775	SOLIS CORRALES , FIDEL	MALE	VET-B		00:07:30	00:25:35	05:07 min/Km
377	26	475	LLANO VALLE , CARMEN	FEMALE	VET-A-F		00:07:19	00:25:36	05:08 min/Km
378	123	266	FERNANDEZ FERNANDEZ , JOSE IVAN	MALE	VET-A	INDEPENDIENTE	00:07:19	00:25:39	05:08 min/Km
379	16	395	GONZALEZ ALVAREZ , NIEVES	FEMALE	VET-B-F	INDEPENDIENTE	00:06:55	00:25:42	05:09 min/Km
380	73	213	DIAZ GONZALEZ , JAVIER ANTONIO	MALE	VET-B		00:06:42	00:25:46	05:10 min/Km

# CARRERA FIN DE AÑO

## - LA POLA SIERO -

### - ABSOLUTA -

29 DICIEMBRE 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CAT	CLUB	CONTROL	META	RITMO
381	3	254	FERNÁNDEZ CADRECHA , ESMERALDA	FEMALE	SUB-23 (PROMESA)-F	CLUB CORRER ASTURIAS	00:06:48	00:25:47	05:10 min/Km
382	4	655	PEVIDA ARBESU , PAULA	FEMALE	SUB-23 (PROMESA)-F	DARK LION CROSSFIT	00:07:10	00:25:50	05:10 min/Km
383	66	531	MENDES DOS SANTOS , ELIAS	MALE	SENIOR	DARK LION CROSSFIT	00:07:46	00:25:50	05:10 min/Km
384	124	164	CORDOBA ASENJO , PABLO	MALE	VET-A		00:07:25	00:25:51	05:11 min/Km
385	125	346	GARCÍA GARCIA , ALBERTO	MALE	VET-A		00:07:46	00:25:52	05:11 min/Km
386	126	453	HUIDOBRO NUÑO , IVAN	MALE	VET-A		00:07:46	00:25:54	05:11 min/Km
387	8	375	GARCÍA RAYA , ZULIMA	FEMALE	SUB-18 (JUVENIL)-F		00:07:21	00:25:57	05:12 min/Km
388	17	573	MORENO , NOEMI	FEMALE	VET-B-F	TRIATLON DE GIJON	00:06:49	00:25:59	05:12 min/Km
389	74	94	BLANCO FERNANDEZ , MANUEL	MALE	VET-B	INDEPENDIENTE	00:06:49	00:25:59	05:12 min/Km
390	127	498	MACHARGO BERGUA , PEDRO	MALE	VET-A	INDEPENDIENTE	00:07:23	00:26:00	05:12 min/Km
391	19	717	RODRÍGUEZ NOVAL , ALFONSO	MALE	VET-C	INDEPENDIENTE	00:07:24	00:26:01	05:13 min/Km
392	18	574	MORO FERNÁNDEZ , BELÉN	FEMALE	VET-B-F	INDEPENDIENTE	00:07:23	00:26:01	05:13 min/Km
393	27	285	FERNÁNDEZ MENENDEZ , EVA	FEMALE	VET-A-F		00:07:45	00:26:02	05:13 min/Km
394	5	378	GARCÍA SÁNCHEZ , BEATRIZ	FEMALE	SUB-23 (PROMESA)-F		00:07:19	00:26:03	05:13 min/Km
395	28	659	PINO VIZAN , MANUELA	FEMALE	VET-A-F		00:06:52	00:26:03	05:13 min/Km
396	75	337	GARCÍA CALVO , CÉSAR	MALE	VET-B		00:07:39	00:26:04	05:13 min/Km
397	76	648	PEREZ , JUAN	MALE	VET-B	INDEPENDIENTE	00:07:40	00:26:04	05:13 min/Km
398	29	483	LOPEZ FERNANDEZ , NOELIA	FEMALE	VET-A-F		00:07:57	00:26:04	05:13 min/Km
399	77	630	PAMPIN SOUTO , RAMIRO	MALE	VET-B	INDEPENDIENTE	00:07:40	00:26:08	05:14 min/Km
400	67	426	GONZÁLEZ RODRÍGUEZ , JOSE MANUEL	MALE	SENIOR	LIVERPOLA	00:07:28	00:26:08	05:14 min/Km
401	128	619	PALACIO FERNÁNDEZ , SERGIO	MALE	VET-A	JUDO CORUJO	00:07:07	00:26:08	05:14 min/Km
402	30	640	PEDRAYES BALBÍN , ALMUDENA	FEMALE	VET-A-F	INDEPENDIENTE	00:07:04	00:26:08	05:14 min/Km
403	68	414	GONZÁLEZ MIJARES , HÉCTOR JOAQUÍN	MALE	SENIOR		00:07:25	00:26:09	05:14 min/Km
404	31	641	PEDRAYES BALBÍN , SILVIA	FEMALE	VET-A-F	INDEPENDIENTE	00:07:07	00:26:09	05:14 min/Km
405	78	234	ESTRADA NARCIANDI , MARCOS	MALE	VET-B	INDEPENDIENTE	00:08:38	00:26:09	05:14 min/Km
406	129	652	PÉREZ GARCÍA , DANIEL	MALE	VET-A	INDEPENDIENTE	00:06:26	00:26:09	05:14 min/Km
407	19	791	SUAREZ MARTINEZ , MARTIN	MALE	SUB-18 (JUVENIL)	INDEPENDIENTE	00:07:07	00:26:10	05:14 min/Km
408	20	252	FERNÁNDEZ BARRERA , CONSTANTINO	MALE	VET-C	INDEPENDIENTE	00:07:08	00:26:11	05:15 min/Km
409	32	610	ORDIALES VEGA , CRISTINA	FEMALE	VET-A-F	DARK LION CROSSFIT	00:07:51	00:26:11	05:15 min/Km
410	13	115	CAMINO PALACIO , YOANA	FEMALE	SENIOR-F	DARK LION CROSSFIT	00:07:50	00:26:11	05:15 min/Km
411	69	226	DOMINGUEZ ANTUÑA , ELADIO JOSE	MALE	SENIOR	DARK LION CROSSFIT	00:07:51	00:26:11	05:15 min/Km
412	70	481	LÓPEZ AMORIN , JUAN CARLOS	MALE	SENIOR		00:07:26	00:26:12	05:15 min/Km
413	71	305	FERNÁNDEZ SOMOANO , DANIEL	MALE	SENIOR		00:07:16	00:26:15	05:15 min/Km
414	130	265	FERNÁNDEZ FERNÁNDEZ , FERNANDO PELAYO	MALE	VET-A	EL SANEDRIN	00:07:52	00:26:15	05:15 min/Km
415	131	671	PRIETO ALVAREZ , MANUEL	MALE	VET-A	EL SANEDRIN	00:07:52	00:26:15	05:15 min/Km
416	14	519	MARTÍNEZ MORO , MÓNICA	FEMALE	SENIOR-F	INDEPENDIENTE	00:07:16	00:26:16	05:16 min/Km
417	15	12	ALONSO CIFUENTES , ALBA	FEMALE	SENIOR-F		00:07:26	00:26:17	05:16 min/Km
418	16	633	PARAJON PARAJON , ANA	FEMALE	SENIOR-F	RUNNING FEMENINO SIERO	00:07:35	00:26:18	05:16 min/Km

# CARRERA FIN DE AÑO

## - LA POLA SIERO -

### - ABSOLUTA -

29 DICIEMBRE 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CAT	CLUB	CONTROL	META	RITMO
419	17	241	FEITO DIAZ , ESTEFANIA	FEMALE	SENIOR-F		00:07:35	00:26:18	05:16 min/Km
420	79	476	LLERA DE LA CUEVA , ENRIQUE	MALE	VET-B	INDEPENDIENTE	00:06:33	00:26:18	05:16 min/Km
421	132	39	ALVAREZ NOSTI , JAIRO	MALE	VET-A	CF.NOSTY	00:07:21	00:26:18	05:16 min/Km
422	133	107	CABAÑAS PÉREZ , PABLO	MALE	VET-A		00:08:17	00:26:21	05:17 min/Km
423	80	212	DIAZ GARCIA , ROBERTO	MALE	VET-B	INDEPENDIENTE	00:07:39	00:26:21	05:17 min/Km
424	134	440	GUERRERO BAILEZ , RUBEN	MALE	VET-A	INDEPENDIENTE	00:06:54	00:26:23	05:17 min/Km
425	21	452	HUERTA SÁNCHEZ , LUIS ALFONSO	MALE	VET-C		00:06:34	00:26:24	05:17 min/Km
426	6	523	MATILLA BLANCO , EIDER	FEMALE	SUB-23 (PROMESA)-F	FOTOS AJ	00:07:30	00:26:24	05:17 min/Km
427	18	722	RODRÍGUEZ RODRÍGUEZ , CRISTINA	FEMALE	SENIOR-F		00:07:12	00:26:24	05:17 min/Km
428	9	332	GARCIA ALPERI , NOA	FEMALE	SUB-18 (JUVENIL)-F	ACTRI	00:06:05	00:26:26	05:18 min/Km
429	72	820	VALDÉS MASEDA , AGUSTÍN	MALE	SENIOR	JUDO NOREÑA-BERRON	00:07:44	00:26:26	05:18 min/Km
430	73	422	GONZÁLEZ PICO , JONATHAN	MALE	SENIOR	INDEPENDIENTE	00:07:09	00:26:27	05:18 min/Km
431	135	494	LOUREDA GONZÁLEZ , IVÁN	MALE	VET-A	INDEPENDIENTE	00:07:09	00:26:28	05:18 min/Km
432	81	412	GONZÁLEZ LOPEZ , JULIAN	MALE	VET-B	INDEPENDIENTE	00:08:00	00:26:29	05:18 min/Km
433	33	599	NÚÑEZ BRAÑA , ANA	FEMALE	VET-A-F	CLUB RUNNING FEMENINO SIERO	00:07:45	00:26:32	05:19 min/Km
433	82	407	GONZÁLEZ GARCÍA , EDUARDO	MALE	VET-B	CORDURAPIPI	00:07:48	00:26:32	05:19 min/Km
435	19	55	ANIA GONZÁLEZ , MAITE	FEMALE	SENIOR-F		00:08:00	00:26:33	05:19 min/Km
436	22	734	ROZADA ALONSO , JOSE MANUEL	MALE	VET-C	INDEPENDIENTE	00:08:42	00:26:38	05:20 min/Km
437	34	4	ACEBO QUEIPO , LORENA	FEMALE	VET-A-F		00:07:28	00:26:39	05:20 min/Km
438	83	591	NAVARRO MIYAR , RICARDO	MALE	VET-B		00:07:27	00:26:40	05:20 min/Km
439	20	330	GALLEGO , NEREA	FEMALE	SENIOR-F	PUNTU COLLORAU	00:07:28	00:26:49	05:22 min/Km
440	136	701	ROCÉS VERDUGO , JOSE LUIS	MALE	VET-A		00:07:57	00:26:51	05:23 min/Km
441	13	216	DÍAZ PÉREZ , GUILLERMO	MALE	SUB-23 (PROMESA)	INDEPENDIENTE	00:07:28	00:26:51	05:23 min/Km
442	137	638	PASTRANA GARCIA , SERGIO	MALE	VET-A	INDEPENDIENTE	00:07:24	00:26:52	05:23 min/Km
443	138	621	PALACIO GARCIA , GUSTAVO	MALE	VET-A		00:08:08	00:26:54	05:23 min/Km
444	35	149	CASTRILLON DIAZ , ARANTZAZU	FEMALE	VET-A-F	RUNNING FEMENINO SIERO	00:08:00	00:26:55	05:23 min/Km
445	19	394	GONZÁLEZ ALVAREZ , DOLORES	FEMALE	VET-B-F	INDEPENDIENTE	00:08:01	00:26:55	05:23 min/Km
446	139	137	CARUS GUTIÉRREZ , DAVID	MALE	VET-A	INDEPENDIENTE	00:07:28	00:26:56	05:24 min/Km
447	36	299	FERNANDEZ ROZA , MARIA JESUS	FEMALE	VET-A-F	CORRESIERO ATLETISMO	00:07:47	00:26:58	05:24 min/Km
448	37	473	LLAMEDO FERNÁNDEZ , PATRICIA	FEMALE	VET-A-F	CORRESIERO ATLETISMO	00:07:43	00:26:58	05:24 min/Km
449	21	692	RAPOSO FERNÁNDEZ , AIDA	FEMALE	SENIOR-F	INDEPENDIENTE	00:07:45	00:26:59	05:24 min/Km
450	22	98	BLANCO POSADA , MARINA	FEMALE	SENIOR-F	INDEPENDIENTE	00:07:45	00:26:59	05:24 min/Km
451	140	765	SCHLOSSAREK , MARC ANTON	MALE	VET-A		00:08:59	00:27:00	05:24 min/Km
452	14	730	ROMERO MENCÍA , CARLOS	MALE	SUB-23 (PROMESA)	INDEPENDIENTE	00:08:20	00:27:00	05:24 min/Km
453	23	354	GARCIA GUTIERREZ , OLEGARIO	MALE	VET-C		00:07:31	00:27:00	05:24 min/Km
454	20	183	CUELI FEITO , DAVID	MALE	SUB-18 (JUVENIL)	INDEPENDIENTE	00:05:34	00:27:01	05:25 min/Km
455	84	96	BLANCO GIL , RAMÓN	MALE	VET-B	INDEPENDIENTE	00:07:06	00:27:03	05:25 min/Km
456	20	605	NUÑO PALACIO , MAGDALENA	FEMALE	VET-B-F	INDEPENDIENTE	00:07:54	00:27:05	05:25 min/Km

# CARRERA FIN DE AÑO

## - LA POLA SIERO -

### - ABSOLUTA -

29 DICIEMBRE 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CAT	CLUB	CONTROL	META	RITMO
457	141	122	CAÑEDO RODRIGUEZ , GUILLERMO	MALE	VET-A	INDEPENDIENTE	00:05:34	00:27:06	05:26 min/Km
458	74	743	SÁNCHEZ CAMPORRO , EFREN	MALE	SENIOR		00:08:09	00:27:09	05:26 min/Km
459	85	821	VALLÍN LLERA , JOSÉ MANUEL	MALE	VET-B	INDEPENDIENTE	00:07:31	00:27:17	05:28 min/Km
460	142	138	CASANOVA SUÁREZ , PEDRO	MALE	VET-A		00:08:40	00:27:19	05:28 min/Km
461	38	288	FERNANDEZ NUÑEZ , VANESA	FEMALE	VET-A-F	DARK LION CROSSFIT	00:08:41	00:27:21	05:29 min/Km
462	21	664	POSADA GARCIA , SABRINA	FEMALE	VET-B-F		00:08:06	00:27:21	05:29 min/Km
463	23	377	GARCÍA RODRÍGUEZ , PATRICIA	FEMALE	SENIOR-F		00:07:49	00:27:22	05:29 min/Km
464	143	466	LAGO LAMAS , FERNANDO	MALE	VET-A	INDEPENDIENTE	00:08:36	00:27:23	05:29 min/Km
465	144	232	ESPINOSA , DANIEL	MALE	VET-A		00:08:26	00:27:23	05:29 min/Km
466	86	368	GARCIA PARRONDO , MANUEL ANGEL	MALE	VET-B	INDEPENDIENTE	00:07:44	00:27:23	05:29 min/Km
467	22	788	SUÁREZ GONZÁLEZ , ELENA	FEMALE	VET-B-F		00:07:17	00:27:25	05:29 min/Km
468	145	603	NUÑO ESCANDON , LUIS	MALE	VET-A		00:08:09	00:27:29	05:30 min/Km
469	87	697	RIESTRA RODRIGUEZ , JAVIER	MALE	VET-B		00:07:55	00:27:29	05:30 min/Km
470	39	817	VALDES FERNANDEZ , LAURA	FEMALE	VET-A-F		00:07:54	00:27:29	05:30 min/Km
471	24	812	TORRALBO JUNQUERA , BELÉN	FEMALE	SENIOR-F	DARK LION CROSSFIT	00:07:51	00:27:29	05:30 min/Km
472	7	184	CUESTA GARCÍA , MATEO	MALE	SUB-20 (JUNIOR)	INDEPENDIENTE	00:08:49	00:27:30	05:30 min/Km
473	21	185	CUESTA GARCIA , TOMAS	MALE	SUB-18 (JUVENIL)	INDEPENDIENTE	00:08:48	00:27:31	05:31 min/Km
474	2	251	FERNÁNDEZ AVÍN , VIOLETA	FEMALE	VET-C-F	JUVENTUS ATLÉTICA DE NAVA	00:07:43	00:27:33	05:31 min/Km
475	22	255	FERNÁNDEZ CASTAÑO , LUIS	MALE	SUB-18 (JUVENIL)	INDEPENDIENTE	00:07:09	00:27:36	05:32 min/Km
476	23	187	CUETOS VICENTIZ , ÁNGEL	MALE	SUB-18 (JUVENIL)	INDEPENDIENTE	00:07:09	00:27:36	05:32 min/Km
477	88	782	SUAREZ DIAZ , JOSE LUIS	MALE	VET-B	INDEPENDIENTE	00:08:41	00:27:36	05:32 min/Km
478	75	220	DIAZ SANCHEZ , PABLO	MALE	SENIOR		00:08:41	00:27:36	05:32 min/Km
479	40	208	DIAZ FERNÁNDEZ , VERÓNICA	FEMALE	VET-A-F		00:07:59	00:27:42	05:33 min/Km
480	89	448	HEVIA PRESA , JUAN CARLOS	MALE	VET-B		00:07:17	00:27:43	05:33 min/Km
481	90	10	ALONSO ALVAREZ , ABELARDO	MALE	VET-B	INDEPENDIENTE	00:08:04	00:27:44	05:33 min/Km
482	24	295	FERNÁNDEZ RODRÍGUEZ , JUAN ANTONIO	MALE	VET-C	INDEPENDIENTE	00:07:17	00:27:44	05:33 min/Km
483	25	76	BALBIN RODRÍGUEZ , FRANCISCO JOSE	MALE	VET-C	COLUNGA ATLETISMO JURÁSICO	00:08:44	00:27:44	05:33 min/Km
484	23	293	FERNANDÉZ RODRIGUÉZ , CARMEN	FEMALE	VET-B-F	INDEPENDIENTE	00:08:04	00:27:45	05:33 min/Km
485	41	472	LLAMEDO FERNANDEZ , ANA	FEMALE	VET-A-F	CORRESIERO ATLETISMO	00:07:43	00:27:46	05:34 min/Km
486	26	851	VIÑA , JAIME	MALE	VET-C		00:08:22	00:27:47	05:34 min/Km
487	76	624	PALACIO RODRÍGUEZ , PALACIO	MALE	SENIOR	INDEPENDIENTE	00:08:23	00:27:47	05:34 min/Km
488	25	629	PALICIO VARELA , VERONICA	FEMALE	SENIOR-F	INDEPENDIENTE	00:07:52	00:27:48	05:34 min/Km
489	42	628	PALICIO VARELA , CAROLINA	FEMALE	VET-A-F	INDEPENDIENTE	00:07:52	00:27:48	05:34 min/Km
490	26	805	TEJA GRANDA , MARÍA	FEMALE	SENIOR-F		00:07:20	00:27:49	05:34 min/Km
491	7	401	GONZÁLEZ CUEVAS , PAULA	FEMALE	SUB-23 (PROMESA)-F	INDEPENDIENTE	00:07:12	00:27:49	05:34 min/Km
492	3	351	GARCÍA GONZALEZ , ALVA	FEMALE	VET-C-F	CORRESIERO	00:07:47	00:27:50	05:34 min/Km
493	27	365	GARCIA MENENDEZ , SELENA	FEMALE	SENIOR-F	INDEPENDIENTE	00:07:57	00:27:53	05:35 min/Km
494	91	396	GONZALEZ ANTON , JOSE MANUEL	MALE	VET-B	INDEPENDIENTE	00:08:01	00:27:55	05:35 min/Km



# CARRERA FIN DE AÑO

## - LA POLA SIERO -

### - ABSOLUTA -

29 DICIEMBRE 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CAT	CLUB	CONTROL	META	RITMO
495	28	759	SÁNCHEZ SUÁREZ , CRISTINA	FEMALE	SENIOR-F		00:07:38	<b>00:27:59</b>	05:36 min/Km
496	24	353	GARCÍA GUERRA , AIDA	FEMALE	VET-B-F	INDEPENDIENTE	00:07:48	<b>00:28:03</b>	05:37 min/Km
497	43	372	GARCÍA PRESA , PATRICIA	FEMALE	VET-A-F	RUNNING FEMENINO	00:07:48	<b>00:28:03</b>	05:37 min/Km
498	24	419	GONZALEZ MUÑIZ , PABLO	MALE	SUB-18 (JUVENIL)	INDEPENDIENTE	00:05:08	<b>00:28:05</b>	05:37 min/Km
499	44	769	SHAKERI , AFSANEH	FEMALE	VET-A-F		00:07:19	<b>00:28:07</b>	05:38 min/Km
500	8	451	HUERTA FERNÁNDEZ , DÚO	FEMALE	SUB-23 (PROMESA)-F	INDEPENDIENTE	00:07:16	<b>00:28:07</b>	05:38 min/Km
501	45	847	VILLAMARZO IGLESIAS , SANDRA	FEMALE	VET-A-F		00:09:15	<b>00:28:07</b>	05:38 min/Km
502	29	645	PEÑA LÓPEZ , SARA	FEMALE	SENIOR-F	RUNNING FEMENINO SIERO	00:08:00	<b>00:28:08</b>	05:38 min/Km
503	46	52	ALVAREZ-CADAVIECO ARGUELLES , MARIA	FEMALE	VET-A-F	RUNNING FEMENINO	00:08:00	<b>00:28:08</b>	05:38 min/Km
504	47	540	MENENDEZ ALVAREZ , NIEVES	FEMALE	VET-A-F		00:08:08	<b>00:28:08</b>	05:38 min/Km
505	146	835	VIADO PALACIO , DANIEL	MALE	VET-A		00:08:31	<b>00:28:08</b>	05:38 min/Km
506	27	61	AREA DIEGO , RAFAEL	MALE	VET-C	ATLETICO OCLE	00:08:44	<b>00:28:10</b>	05:38 min/Km
507	48	469	LASTRA GONZALEZ , NATALIA	FEMALE	VET-A-F	ESPINERA ATLETISMO	00:08:06	<b>00:28:11</b>	05:39 min/Km
508	147	360	GARCÍA MARTÍNEZ , CHRISTIAN	MALE	VET-A		00:08:12	<b>00:28:11</b>	05:39 min/Km
509	148	408	GONZÁLEZ GONZÁLEZ , JOSE ANTONIO	MALE	VET-A	INDEPENDIENTE	00:08:12	<b>00:28:11</b>	05:39 min/Km
510	149	428	GONZÁLEZ SUÁREZ , DANIEL	MALE	VET-A	PEÑA BARCELONISTA FARO DE LUARCA	00:08:12	<b>00:28:11</b>	05:39 min/Km
511	28	416	GONZALEZ MONTES , ALBERTO	MALE	VET-C	ATLETICO OCLE	00:08:44	<b>00:28:11</b>	05:39 min/Km
512	150	219	DIAZ ROZAS , ALBERTO	MALE	VET-A	XATOS DEL NALON	00:08:20	<b>00:28:13</b>	05:39 min/Km
513	151	616	ORTUBE MENENDEZ , ÁNGEL MANUEL	MALE	VET-A		00:07:09	<b>00:28:14</b>	05:39 min/Km
514	152	259	FERNÁNDEZ DEL ALAMO , PABLO	MALE	VET-A		00:08:13	<b>00:28:17</b>	05:40 min/Km
515	25	503	MARTIN DIAZ , NURIA	FEMALE	VET-B-F	INDEPENDIENTE	00:07:21	<b>00:28:19</b>	05:40 min/Km
516	49	492	LORENZO NOVAL , SILVIA	FEMALE	VET-A-F	INDEPENDIENTE	00:07:16	<b>00:28:25</b>	05:41 min/Km
517	92	201	DIAZ BARDILLO , DANIEL	MALE	VET-B	INDEPENDIENTE	00:07:15	<b>00:28:25</b>	05:41 min/Km
518	77	720	RODRIGUEZ PRIETO , IVAN	MALE	SENIOR		00:08:20	<b>00:28:27</b>	05:42 min/Km
519	50	430	GONZÁLEZ SUCO , ELENA	FEMALE	VET-A-F	INDEPENDIENTE	00:08:17	<b>00:28:28</b>	05:42 min/Km
520	93	116	CAMPA MONTES , ALBERTO	MALE	VET-B	CORRESIERO	00:07:32	<b>00:28:28</b>	05:42 min/Km
521	153	271	FERNÁNDEZ GARCÍA , ARCADIO	MALE	VET-A	AUTOARRANQUE NARAVAL	00:08:58	<b>00:28:30</b>	05:42 min/Km
522	4	74	BAHILLO , M. ANGELES	FEMALE	VET-C-F		00:07:25	<b>00:28:30</b>	05:42 min/Km
523	78	649	PÉREZ COTO , EFREN	MALE	SENIOR		00:08:17	<b>00:28:30</b>	05:42 min/Km
524	29	136	CARRAMIÑANA IBAÑEZ , PEDRO	MALE	VET-C		00:07:25	<b>00:28:30</b>	05:42 min/Km
525	154	594	NOVAL CANGA , MIGUEL	MALE	VET-A	INDEPENDIENTE	00:08:08	<b>00:28:32</b>	05:43 min/Km
526	9	467	LARUELO GOMEZ , MARIA	FEMALE	SUB-23 (PROMESA)-F		00:07:27	<b>00:28:34</b>	05:43 min/Km
527	155	221	DÍAZ SERRANO , EDUARDO	MALE	VET-A		00:08:35	<b>00:28:34</b>	05:43 min/Km
528	25	729	ROMERO FERNANDEZ , PABLO	MALE	SUB-18 (JUVENIL)	INDEPENDIENTE	00:08:19	<b>00:28:44</b>	05:45 min/Km
529	30	102	BRIANSO JUNQUERA , ADELA	FEMALE	SENIOR-F	INDEPENDIENTE	00:09:22	<b>00:28:44</b>	05:45 min/Km
530	31	549	MENENDEZ SOLARES , MARÍA ORFELINA	FEMALE	SENIOR-F	DARKLION	00:08:16	<b>00:28:47</b>	05:46 min/Km
531	79	387	GIL RODRÍGUEZ , DAVID	MALE	SENIOR	DARKLION CROSSFIT	00:08:15	<b>00:28:47</b>	05:46 min/Km
532	94	287	FERNÁNDEZ NOVAL , ALFONSO MANUEL	MALE	VET-B		00:08:32	<b>00:28:55</b>	05:47 min/Km

# CARRERA FIN DE AÑO

## - LA POLA SIERO -

### - ABSOLUTA -

29 DICIEMBRE 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CAT	CLUB	CONTROL	META	RITMO
533	26	486	LÓPEZ RODRÍGUEZ , NANCY	FEMALE	VET-B-F		00:08:32	00:28:55	05:47 min/Km
534	51	166	CORREDOR CARRANZA , AMAIA	FEMALE	VET-A-F	INDEPENDIENTE	00:08:48	00:28:55	05:47 min/Km
535	156	511	MARTÍNEZ FERNÁNDEZ , JAIRO	MALE	VET-A	INDEPENDIENTE	00:08:48	00:28:55	05:47 min/Km
536	95	457	INFANZON DOMINGUEZ , FERNANDO	MALE	VET-B	CORRESIERO	00:07:44	00:28:57	05:48 min/Km
537	157	3	ACEBAL GONZALEZ , GERARDO	MALE	VET-A	INDEPENDIENTE	00:08:42	00:28:57	05:48 min/Km
538	27	207	DÍAZ FERNÁNDEZ , MARTA	FEMALE	VET-B-F	DESAFÍO GUERRERAS	00:08:25	00:28:58	05:48 min/Km
539	10	632	PARAJÓN FERNÁNDEZ , LUCÍA	FEMALE	SUB-23 (PROMESA)-F		00:07:00	00:28:58	05:48 min/Km
540	96	80	BARREDO , JOSE ANGEL	MALE	VET-B	DARK LION CROSSFIT	00:08:18	00:28:59	05:48 min/Km
541	28	402	GONZALEZ DIAZ , NOELIA	FEMALE	VET-B-F	DARK LION CROSSFIT	00:08:19	00:28:59	05:48 min/Km
542	158	53	AMEIJENDA MONTES , JAVIER	MALE	VET-A	DARK LION CROSSFIT	00:08:17	00:28:59	05:48 min/Km
543	159	761	SANMARTINIANO GONZÁLEZ , ROBERTO	MALE	VET-A	CORRESIERO ATLETISMO	00:08:42	00:28:59	05:48 min/Km
544	2	298	FERNÁNDEZ ROLDÁN , NEREA	FEMALE	SUB-20 (JUNIOR)-F	TRI4FIT RUNNERS OVIEDO	00:07:47	00:29:10	05:50 min/Km
545	160	455	IGLESIAS TAMARGO , PABLO	MALE	VET-A		00:08:41	00:29:12	05:51 min/Km
546	97	303	FERNÁNDEZ SOLANA , ADRIANO	MALE	VET-B		00:08:19	00:29:14	05:51 min/Km
547	52	779	SUAREZ , EMILSE	FEMALE	VET-A-F		00:08:53	00:29:15	05:51 min/Km
548	53	680	QUIDIELLO VÁZQUEZ , LORENA	FEMALE	VET-A-F	INDEPENDIENTE	00:08:54	00:29:15	05:51 min/Km
549	54	542	MENENDEZ CUETO , ISABEL	FEMALE	VET-A-F		00:08:52	00:29:15	05:51 min/Km
550	161	839	VIGIL FABIÁN , RAFAEL	MALE	VET-A	INDEPENDIENTE	00:08:53	00:29:15	05:51 min/Km
551	162	316	FIGAREDO MOUTAS , RAFAEL	MALE	VET-A	INDEPENDIENTE	00:09:35	00:29:20	05:52 min/Km
552	32	442	GUTIERREZ SUAREZ , SONIA	FEMALE	SENIOR-F	JABATO VELOZ	00:07:58	00:29:21	05:53 min/Km
553	80	397	GONZÁLEZ BOBES , AGUSTÍN	MALE	SENIOR	JABATO VELOZ	00:07:57	00:29:22	05:53 min/Km
554	55	27	ÁLVAREZ FIDALGO , CRISTINA	FEMALE	VET-A-F	INDEPENDIENTE	00:08:53	00:29:23	05:53 min/Km
555	56	690	RAMOS PALACIO , MÓNICA	FEMALE	VET-A-F		00:08:53	00:29:24	05:53 min/Km
556	11	48	ALVAREZ RODRIGUEZ , LUCIA	FEMALE	SUB-23 (PROMESA)-F		00:08:21	00:29:27	05:54 min/Km
557	81	314	FERRERO ÁLVAREZ , SIMÓN	MALE	SENIOR		00:07:37	00:29:28	05:54 min/Km
558	82	313	FERRERO ÁLVAREZ , RUBÉN	MALE	SENIOR		00:07:37	00:29:28	05:54 min/Km
559	163	312	FERRERO ALVAREZ , DAVID	MALE	VET-A	INDEPENDIENTE	00:07:36	00:29:28	05:54 min/Km
560	29	818	VALDÉS GÓMEZ , MARÍA	FEMALE	VET-B-F	CLUB DEL CORREDOR - RGCC GIJÓN	00:09:35	00:29:29	05:54 min/Km
561	98	77	BARCENA ALVAREZ , GERMAN	MALE	VET-B	INDEPENDIENTE	00:09:36	00:29:30	05:54 min/Km
562	83	845	VIGIL RODRÍGUEZ , MIGUEL	MALE	SENIOR	INDEPENDIENTE	00:08:47	00:29:32	05:55 min/Km
563	33	127	CANTELI FONSECA , PATRICIA	FEMALE	SENIOR-F	INDEPENDIENTE	00:08:47	00:29:32	05:55 min/Km
564	3	786	SUÁREZ GARCIA , MARIA	FEMALE	SUB-20 (JUNIOR)-F	CORRESIERO ATLETISMO	00:06:29	00:29:33	05:55 min/Km
565	30	724	RODRÍGUEZ SUÁREZ , BEGOÑA	FEMALE	VET-B-F		00:07:55	00:29:37	05:56 min/Km
566	164	609	ORDIALES PEREZ , LUIS MANUEL	MALE	VET-A	INDEPENDIENTE	00:08:19	00:29:38	05:56 min/Km
567	30	101	BRIANSÓ CÁRCAMO , CARLOS	MALE	VET-C	TORBOLIN	00:09:15	00:29:38	05:56 min/Km
568	31	491	LOREDO LAGRANDA , VALENTIN	MALE	VET-C		00:09:14	00:29:39	05:56 min/Km
569	34	480	LOPEZ , ANA	FEMALE	SENIOR-F		00:08:20	00:29:39	05:56 min/Km
570	31	59	ARBESU CUEVA , EVA	FEMALE	VET-B-F	DARK LION CROSSFIT	00:08:16	00:29:44	05:57 min/Km

# CARRERA FIN DE AÑO

## - LA POLA SIERO -

### - ABSOLUTA -

29 DICIEMBRE 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CAT	CLUB	CONTROL	META	RITMO
571	32	656	PEVIDA LLAMAZARES , JOSE ADOLFO	MALE	VET-C	DARK LION CROSSFIT	00:08:16	00:29:44	05:57 min/Km
572	165	614	ORTEGA HERNANDO , RAUL	MALE	VET-A	INDEPENDIENTE	00:08:40	00:29:47	05:58 min/Km
573	57	529	MENCÍA ÁLVAREZ , SANDRA	FEMALE	VET-A-F	INDEPENDIENTE	00:08:20	00:29:49	05:58 min/Km
574	99	642	PEÑA AGÜERIA , KOKE	MALE	VET-B	INDEPENDIENTE	00:08:18	00:29:51	05:59 min/Km
575	100	728	ROMERO CASADO , FELIX	MALE	VET-B	CORRESIERO ATLETISMO	00:08:18	00:29:51	05:59 min/Km
576	58	333	GARCÍA ÁLVAREZ , EVA	FEMALE	VET-A-F		00:08:50	00:29:58	05:60 min/Km
577	101	647	PEREDA HIDALGO , PABLO	MALE	VET-B	INDEPENDIENTE	00:07:20	00:29:59	05:60 min/Km
578	166	17	ALONSO SUAREZ , CRISTÓBAL	MALE	VET-A		00:08:50	00:29:59	05:60 min/Km
579	12	439	GRANDA VILLANUEVA , ELENA	FEMALE	SUB-23 (PROMESA)-F		00:07:15	00:30:00	06:00 min/Km
580	59	173	COSIO DIAZ , VIRGINIA	FEMALE	VET-A-F	INDEPENDIENTE	00:08:50	00:30:01	06:01 min/Km
581	60	364	GARCÍA MENEDEZ , NURIA	FEMALE	VET-A-F	INDEPENDIENTE	00:08:11	00:30:01	06:01 min/Km
582	33	374	GARCÍA QUINTANA , JOSE MANUEL	MALE	VET-C	CENTRO ASTURIANO DE OVIEDO	00:08:11	00:30:02	06:01 min/Km
583	61	258	FERNÁNDEZ CUEVA , LARA	FEMALE	VET-A-F		00:08:31	00:30:03	06:01 min/Km
583	61	546	MENÉNDEZ HEVIA , LUCIA	FEMALE	VET-A-F		00:08:31	00:30:03	06:01 min/Km
585	15	807	TELENTI MENEDEZ , DIEGO	MALE	SUB-23 (PROMESA)		00:08:29	00:30:16	06:04 min/Km
586	102	1	ABAD BUSTO , JESUS	MALE	VET-B	CORRESIERO ATLETISMO	00:08:33	00:30:16	06:04 min/Km
587	35	92	BETEGÓN PUTZE , ISABEL	FEMALE	SENIOR-F		00:08:34	00:30:16	06:04 min/Km
588	32	348	GARCIA GARCIA , GEMMA	FEMALE	VET-B-F	CORRESIERO ATLETISMO	00:08:33	00:30:17	06:04 min/Km
589	34	147	CASTAÑO RIVERO , ANTON	MALE	VET-C	INDEPENDIENTE	00:08:30	00:30:17	06:04 min/Km
590	35	91	BETEGON BIEMPICA , ARTURO	MALE	VET-C		00:08:33	00:30:17	06:04 min/Km
591	33	180	CROFT , LADY	FEMALE	VET-B-F		00:07:51	00:30:18	06:04 min/Km
592	167	673	PRIETO CUIEL , DANIEL	MALE	VET-A		00:07:51	00:30:18	06:04 min/Km
593	168	803	TARDIO VEGA , JESUS	MALE	VET-A		00:08:56	00:30:21	06:05 min/Km
594	26	111	CAMBLOR GÓMEZ , ADRIÁN	MALE	SUB-18 (JUVENIL)		00:07:34	00:30:21	06:05 min/Km
595	13	63	ARECES ARREGUI , THAIS	FEMALE	SUB-23 (PROMESA)-F	INDEPENDIENTE	00:08:39	00:30:21	06:05 min/Km
596	103	62	ARECES ANTUÑA , JOAQUIN	MALE	VET-B	INDEPENDIENTE	00:08:39	00:30:22	06:05 min/Km
597	14	30	ÁLVAREZ GARCÍA , MARTA	FEMALE	SUB-23 (PROMESA)-F		00:08:12	00:30:27	06:06 min/Km
598	104	175	COTO LLAMES , CARLOS EFREN	MALE	VET-B		00:08:40	00:30:29	06:06 min/Km
599	15	177	COTO SERRANO , AROA	FEMALE	SUB-23 (PROMESA)-F		00:08:39	00:30:29	06:06 min/Km
600	34	512	MARTÍNEZ FERNANDEZ , LARA	FEMALE	VET-B-F	INDEPENDIENTE	00:09:24	00:30:31	06:07 min/Km
601	63	713	RODRIGUEZ GONZALEZ , YENNIFER	FEMALE	VET-A-F	CORRESIERO ATLETISMO	00:08:54	00:30:34	06:07 min/Km
602	10	623	PALACIO MORO , EVA	FEMALE	SUB-18 (JUVENIL)-F		00:08:54	00:30:35	06:07 min/Km
603	169	229	DRUDIS FANJUL , KIKO	MALE	VET-A	OVETUS CROSSFIT	00:08:06	00:30:37	06:08 min/Km
604	64	143	CASTAÑO CÁMARA , LAURA	FEMALE	VET-A-F	OVETUS CROSSFIT	00:08:08	00:30:38	06:08 min/Km
605	36	583	MOVILLA JIMÉNEZ , CECILIA	FEMALE	SENIOR-F		00:08:14	00:30:43	06:09 min/Km
606	170	602	NUÑO ESCANDÓN , ESTEBAN	MALE	VET-A		00:08:16	00:30:44	06:09 min/Km
607	84	84	BELLO CASTRO , MANUEL	MALE	SENIOR		00:08:14	00:30:45	06:09 min/Km
608	35	64	ARGUELLES FANJUL , VICENTA	FEMALE	VET-B-F		00:08:56	00:30:47	06:10 min/Km

# CARRERA FIN DE AÑO

## - LA POLA SIERO -

### - ABSOLUTA -

29 DICIEMBRE 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CAT	CLUB	CONTROL	META	RITMO
609	36	123	CAÑEDO RODRIGUEZ , MONTSE	FEMALE	VET-B-F	CLUB RUNNING FEMENINO SIERO	00:09:49	<b>00:30:49</b>	06:10 min/Km
610	11	334	GARCIA ARROYO , SILVIA	FEMALE	SUB-18 (JUVENIL)-F	ATLETISMO CIUDAD DE LUGONES	00:07:37	<b>00:30:49</b>	06:10 min/Km
611	171	200	DIAZ ANTUÑA , JUAN JOSE	MALE	VET-A		00:08:59	<b>00:30:50</b>	06:10 min/Km
612	8	42	ALVAREZ PRADO , PABLO	MALE	SUB-20 (JUNIOR)	INDEPENDIENTE	00:08:35	<b>00:30:50</b>	06:10 min/Km
613	105	26	ALVAREZ FERNANDEZ-POLANCO , JOSE	MALE	VET-B	C.D. 2007 LLANERA	00:08:35	<b>00:30:52</b>	06:11 min/Km
614	12	37	ÁLVAREZ MARTINEZ , VERA	FEMALE	SUB-18 (JUVENIL)-F		00:07:36	<b>00:30:54</b>	06:11 min/Km
615	4	611	ORDIERES ÁLVAREZ , MARIA	FEMALE	SUB-20 (JUNIOR)-F		00:08:03	<b>00:30:58</b>	06:12 min/Km
616	9	108	CALLEJA GIL , ALBERTO	MALE	SUB-20 (JUNIOR)		00:08:03	<b>00:31:03</b>	06:13 min/Km
617	5	813	TORRE GARCÍA , SUSANA	FEMALE	VET-C-F		00:08:12	<b>00:31:09</b>	06:14 min/Km
618	172	319	FONSECA RIESTTA , JAVIER	MALE	VET-A		00:08:26	<b>00:31:09</b>	06:14 min/Km
619	37	826	VAZQUEZ GONZALEZ , MONICA	FEMALE	VET-B-F	MUJER Y DEPORTE 40	00:08:03	<b>00:31:12</b>	06:15 min/Km
620	37	749	SÁNCHEZ FRUTOS , CRISTINA	FEMALE	SENIOR-F	INDEPENDIENTE	00:08:41	<b>00:31:14</b>	06:15 min/Km
621	85	646	PERAL QUINTANA , FRANCISCO	MALE	SENIOR		00:08:42	<b>00:31:14</b>	06:15 min/Km
622	173	823	VALLINA RODRÍGUEZ , IVÁN	MALE	VET-A	INDEPENDIENTE	00:08:41	<b>00:31:15</b>	06:15 min/Km
623	65	802	TALNISHNIKH , ELENA	FEMALE	VET-A-F		00:08:13	<b>00:31:18</b>	06:16 min/Km
624	16	588	MURILLO MARTÍNEZ , AITANA	FEMALE	SUB-23 (PROMESA)-F		00:09:24	<b>00:31:18</b>	06:16 min/Km
625	38	243	FEITO PRIETO , LAURA	FEMALE	SENIOR-F	INDEPENDIENTE	00:09:31	<b>00:31:29</b>	06:18 min/Km
626	39	558	MIRAVALLS RAMOS , TAMARA	FEMALE	SENIOR-F	INDEPENDIENTE	00:08:18	<b>00:31:35</b>	06:19 min/Km
627	40	557	MIRAVALLS RAMOS , SEYLA	FEMALE	SENIOR-F	INDEPENDIENTE	00:08:22	<b>00:31:35</b>	06:19 min/Km
628	174	661	PIQUERO GARCÍA , HUGO	MALE	VET-A		00:09:04	<b>00:31:38</b>	06:20 min/Km
629	41	634	PARAJÓN SUÁREZ , COVADONGA	FEMALE	SENIOR-F		00:09:04	<b>00:31:38</b>	06:20 min/Km
630	66	811	TORNO LOUGEDO , ELSA	FEMALE	VET-A-F		00:09:17	<b>00:31:39</b>	06:20 min/Km
631	13	194	DEL COZ DÍAZ , LUCÍA	FEMALE	SUB-18 (JUVENIL)-F		00:08:36	<b>00:31:41</b>	06:21 min/Km
632	14	391	GÓMEZ SÁNCHEZ , LUCÍA	FEMALE	SUB-18 (JUVENIL)-F		00:08:36	<b>00:31:41</b>	06:21 min/Km
633	15	363	GARCIA MENENDEZ , LIDIA	FEMALE	SUB-18 (JUVENIL)-F	INDEPENDIENTE	00:08:22	<b>00:31:42</b>	06:21 min/Km
634	6	87	BERNARDO ALONSO , OLVIDO	FEMALE	VET-C-F	INDEPENDIENTE	00:08:51	<b>00:31:53</b>	06:23 min/Km
635	16	459	JIMENEZ ALONSO , MARIA	FEMALE	SUB-18 (JUVENIL)-F	INDEPENDIENTE	00:08:17	<b>00:32:00</b>	06:24 min/Km
636	17	338	GARCIA CANGA , SARA	FEMALE	SUB-18 (JUVENIL)-F	INDEPENDIENTE	00:08:17	<b>00:32:01</b>	06:25 min/Km
637	27	45	ÁLVAREZ REDRUELLO , ADRIÁN	MALE	SUB-18 (JUVENIL)		00:09:11	<b>00:32:09</b>	06:26 min/Km
638	38	695	REY GARCÍA , AMAIA	FEMALE	VET-B-F		00:08:48	<b>00:32:09</b>	06:26 min/Km
639	106	322	FRESNO ARIAS , CARLOS	MALE	VET-B		00:09:36	<b>00:32:13</b>	06:27 min/Km
640	39	182	CUBRÍA MADARIAGA , INMACULADA	FEMALE	VET-B-F		00:09:36	<b>00:32:13</b>	06:27 min/Km
641	175	304	FERNANDEZ SOLANA , DANIEL	MALE	VET-A		00:08:35	<b>00:32:17</b>	06:28 min/Km
642	7	463	JUNQUERA FDZ , YOLANDA	FEMALE	VET-C-F	INDEPENDIENTE	00:09:24	<b>00:32:21</b>	06:29 min/Km
643	36	470	LEINWEBER , MARTIN	MALE	VET-C		00:09:55	<b>00:32:21</b>	06:29 min/Km
644	67	590	NARANJO MARRÓN , JUANA MARÍA	FEMALE	VET-A-F		00:09:23	<b>00:32:21</b>	06:29 min/Km
645	40	24	ALVAREZ FERNANDEZ , ADELAIDA	FEMALE	VET-B-F	BOX RECONQUISTA	00:08:46	<b>00:32:27</b>	06:30 min/Km
646	107	747	SANCHEZ ESCOBIO , JOSE MIGUEL	MALE	VET-B	BOX RECONQUISTA	00:08:46	<b>00:32:27</b>	06:30 min/Km

# CARRERA FIN DE AÑO

## - LA POLA SIERO -

### - ABSOLUTA -

29 DICIEMBRE 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CAT	CLUB	CONTROL	META	RITMO
647	68	367	GARCÍA MORO , YOLANDA	FEMALE	VET-A-F		00:09:23	<b>00:32:28</b>	06:30 min/Km
648	69	242	FEITO NUÑO , LORENA	FEMALE	VET-A-F		00:09:07	<b>00:32:29</b>	06:30 min/Km
649	86	85	BELO NAVARRO , GERARDO	MALE	SENIOR	INDEPENDIENTE	00:09:49	<b>00:32:30</b>	06:30 min/Km
650	70	662	POLADURA VALLINA , RAQUEL	FEMALE	VET-A-F	DARK LION CROSSFIT	00:08:59	<b>00:32:37</b>	06:32 min/Km
651	41	276	FERNANDEZ GONZALEZ , NOELIA	FEMALE	VET-B-F	DARK LION CROSSFIT	00:08:59	<b>00:32:37</b>	06:32 min/Km
652	71	848	VILLANUEVA BLANCO , LOURDES	FEMALE	VET-A-F	INDEPENDIENTE	00:09:34	<b>00:33:02</b>	06:37 min/Km
653	72	846	VIGIL RODRIGUEZ , SILVIA	FEMALE	VET-A-F	INDEPENDIENTE	00:09:14	<b>00:33:10</b>	06:38 min/Km
654	73	465	LAGO ALONSO , RAQUEL	FEMALE	VET-A-F	INDEPENDIENTE	00:09:15	<b>00:33:10</b>	06:38 min/Km
655	42	153	CIENFUEGOS CUEVA , ETELVINA	FEMALE	VET-B-F		00:08:24	<b>00:33:20</b>	06:40 min/Km
656	108	766	SERRANO PONS , EDUARDO	MALE	VET-B	INDEPENDIENTE	00:09:27	<b>00:33:38</b>	06:44 min/Km
657	74	709	RODRÍGUEZ DÍAZ , PENÉLOPE	FEMALE	VET-A-F	INDEPENDIENTE	00:09:27	<b>00:33:38</b>	06:44 min/Km
658	75	129	CAPELLAN MONTOTO , PAULA	FEMALE	VET-A-F	INDEPENDIENTE	00:09:11	<b>00:33:39</b>	06:44 min/Km
659	5	685	QUIRÓS GARCÍA , CARMEN	FEMALE	SUB-20 (JUNIOR)-F	CORRESIERO ATLETISMO	00:08:59	<b>00:33:39</b>	06:44 min/Km
659	43	653	PEREZ MONTES , AZUCENA	FEMALE	VET-B-F		00:08:49	<b>00:33:39</b>	06:44 min/Km
661	42	237	FANJUL BANGO , ISABEL	FEMALE	SENIOR-F		00:08:53	<b>00:33:39</b>	06:44 min/Km
662	109	423	GONZÁLEZ PROL , FERNANDO	MALE	VET-B	INDEPENDIENTE	00:10:04	<b>00:33:41</b>	06:45 min/Km
663	76	705	RODRÍGUEZ ASPERILLA , JEZABEL	FEMALE	VET-A-F	INDEPENDIENTE	00:10:04	<b>00:33:41</b>	06:45 min/Km
664	6	381	GARCÍA TABOADA , RAQUEL	FEMALE	SUB-20 (JUNIOR)-F	INDEPENDIENTE	00:08:59	<b>00:33:45</b>	06:45 min/Km
665	7	172	CORUJO VALDES , CLAUDIA	FEMALE	SUB-20 (JUNIOR)-F	INDEPENDIENTE	00:08:59	<b>00:33:45</b>	06:45 min/Km
666	176	49	ALVAREZ VALDEON , IGNACIO	MALE	VET-A		00:09:26	<b>00:33:46</b>	06:46 min/Km
667	77	741	SALIHU , REGINA	FEMALE	VET-A-F		00:09:26	<b>00:33:46</b>	06:46 min/Km
668	110	13	ALONSO CORTINA , JUAN CARLOS	MALE	VET-B	INDEPENDIENTE	00:09:00	<b>00:33:55</b>	06:47 min/Km
669	78	806	TEJA SANTOS , EVA MARÍA	FEMALE	VET-A-F		00:09:55	<b>00:33:56</b>	06:48 min/Km
670	44	130	CAPÍN LÓPEZ , SANDRA	FEMALE	VET-B-F	INDEPENDIENTE	00:09:55	<b>00:33:59</b>	06:48 min/Km
671	45	97	BLANCO PEREZ , MARIA INES	FEMALE	VET-B-F	INDEPENDIENTE	00:09:50	<b>00:33:59</b>	06:48 min/Km
672	17	209	DÍAZ GARCÍA , ANDREA	FEMALE	SUB-23 (PROMESA)-F	INDEPENDIENTE	00:09:32	<b>00:34:04</b>	06:49 min/Km
673	43	105	BUENO GALLO , CARMEN	FEMALE	SENIOR-F	INDEPENDIENTE	00:09:28	<b>00:34:13</b>	06:51 min/Km
674	18	119	CAÑAL , NORA	FEMALE	SUB-18 (JUVENIL)-F	INDEPENDIENTE	00:09:09	<b>00:34:13</b>	06:51 min/Km
675	177	755	SÁNCHEZ RODRÍGUEZ , DAVID	MALE	VET-A	INDEPENDIENTE	00:10:01	<b>00:34:16</b>	06:52 min/Km
676	37	750	SANCHEZ GARCIA , FAUSTINO	MALE	VET-C	INDEPENDIENTE	00:10:01	<b>00:34:17</b>	06:52 min/Km
677	8	95	BLANCO FERNÁNDEZ , MARÍA JOSÉ	FEMALE	VET-C-F	INDEPENDIENTE	00:09:42	<b>00:34:17</b>	06:52 min/Km
678	19	445	HELGUERA TEJA , NURIA	FEMALE	SUB-18 (JUVENIL)-F	INDEPENDIENTE	00:09:09	<b>00:34:18</b>	06:52 min/Km
679	178	552	MENENDEZ VALDES , CHEMA	MALE	VET-A	CORRESIERO ATLETISMO	00:09:48	<b>00:34:37</b>	06:56 min/Km
680	44	103	BRIANSO JUNQUERA , NURIA	FEMALE	SENIOR-F	INDEPENDIENTE	00:09:49	<b>00:34:38</b>	06:56 min/Km
681	45	144	CASTAÑO DÍAZ , LAURA	FEMALE	SENIOR-F	INDEPENDIENTE	00:08:57	<b>00:34:42</b>	06:57 min/Km
682	46	563	MONTES GARCIA , ALESIA	FEMALE	SENIOR-F		00:10:09	<b>00:34:43</b>	06:57 min/Km
683	179	446	HERRERO MARTÍNEZ , ALBERTO	MALE	VET-A		00:10:09	<b>00:34:43</b>	06:57 min/Km
684	28	386	GIL DÍAZ , EMERSON JEFFREY	MALE	SUB-18 (JUVENIL)		00:08:59	<b>00:34:45</b>	06:57 min/Km



# CARRERA FIN DE AÑO

## - LA POLA SIERO -

### - ABSOLUTA -

29 DICIEMBRE 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CAT	CLUB	CONTROL	META	RITMO
685	29	128	CANTELI QUINTERO , BORJA	MALE	SUB-18 (JUVENIL)		00:09:00	<b>00:34:46</b>	06:58 min/Km
686	20	58	ARBESÚ BERNARDO , ALBA	FEMALE	SUB-18 (JUVENIL)-F	INDEPENDIENTE	00:09:10	<b>00:34:48</b>	06:58 min/Km
687	21	9	ALOMSO ATIENZA , ANA	FEMALE	SUB-18 (JUVENIL)-F	INDEPENDIENTE	00:09:10	<b>00:34:48</b>	06:58 min/Km
688	79	214	DÍAZ LEON , MAR	FEMALE	VET-A-F		00:10:11	<b>00:34:58</b>	06:60 min/Km
689	180	218	DÍAZ PÉREZ , PABLO MANUEL	MALE	VET-A	INDEPENDIENTE	00:09:43	<b>00:35:02</b>	07:01 min/Km
690	38	73	BAENA MARCOS , ANGEL	MALE	VET-C	INDEPENDIENTE	00:09:33	<b>00:35:19</b>	07:04 min/Km
691	46	31	ALVAREZ GARCÍA , SUSANA	FEMALE	VET-B-F	INDEPENDIENTE	00:09:33	<b>00:35:19</b>	07:04 min/Km
692	22	437	GRANDA GONZÁLEZ , MARINA	FEMALE	SUB-18 (JUVENIL)-F		00:10:32	<b>00:35:26</b>	07:06 min/Km
693	23	247	FERNÁNDEZ ACEBO , PAULA	FEMALE	SUB-18 (JUVENIL)-F	INDEPENDIENTE	00:10:32	<b>00:35:26</b>	07:06 min/Km
694	80	544	MENÉNDEZ GARCÍA , NOELIA	FEMALE	VET-A-F	INDEPENDIENTE	00:09:41	<b>00:35:33</b>	07:07 min/Km
695	81	418	GONZÁLEZ MUÑIZ , MONICA	FEMALE	VET-A-F		00:09:41	<b>00:35:33</b>	07:07 min/Km
696	181	227	DOMINGUEZ ORDIALES , DANIEL	MALE	VET-A	INDEPENDIENTE	00:09:08	<b>00:35:38</b>	07:08 min/Km
697	18	682	QUINTANA CUESTA , LUCÍA	FEMALE	SUB-23 (PROMESA)-F		00:09:26	<b>00:35:43</b>	07:09 min/Km
698	47	458	INSUA GONÇALVES , NEREA	FEMALE	SENIOR-F	INDEPENDIENTE	00:10:48	<b>00:35:49</b>	07:10 min/Km
699	47	199	DÍAZ ANTUÑA , ELENA	FEMALE	VET-B-F		00:09:48	<b>00:35:53</b>	07:11 min/Km
700	87	780	SUAREZ ALVAREZ , DANIEL	MALE	SENIOR	INDEPENDIENTE	00:10:13	<b>00:36:04</b>	07:13 min/Km
701	30	25	ÁLVAREZ FERNÁNDEZ , IVÁN	MALE	SUB-18 (JUVENIL)		00:10:14	<b>00:36:05</b>	07:13 min/Km
702	111	789	SUÁREZ INFIESTA , ENRIQUE MANUEL	MALE	VET-B		00:10:14	<b>00:36:07</b>	07:14 min/Km
703	82	261	FERNÁNDEZ DIAZ , ANA	FEMALE	VET-A-F		00:10:06	<b>00:36:14</b>	07:15 min/Km
704	48	289	FERNÁNDEZ PALACIO , YOANA	FEMALE	SENIOR-F	DARK LION CROSSFIT	00:10:52	<b>00:37:09</b>	07:26 min/Km
705	8	589	MURILLO MARTÍNEZ , ESTHER	FEMALE	SUB-20 (JUNIOR)-F		00:10:02	<b>00:37:29</b>	07:30 min/Km
706	83	514	MARTÍNEZ FERNÁNDEZ , RAQUEL	FEMALE	VET-A-F	INDEPENDIENTE	00:10:03	<b>00:37:29</b>	07:30 min/Km
707	84	658	PIÑERA SUAREZ , RAQUEL	FEMALE	VET-A-F		00:08:50	<b>00:37:47</b>	07:34 min/Km
708	24	488	LOPEZ VELASCO , ANDREA	FEMALE	SUB-18 (JUVENIL)-F		00:09:33	<b>00:38:08</b>	07:38 min/Km
709	31	575	MORO GARCIA , YOEL	MALE	SUB-18 (JUVENIL)		00:09:33	<b>00:38:08</b>	07:38 min/Km
710	48	668	POZUELO MARTÍNEZ , LAURA	FEMALE	VET-B-F		00:10:27	<b>00:38:53</b>	07:47 min/Km
711	25	597	NOVAL SANTAMARÍA , JULIA	FEMALE	SUB-18 (JUVENIL)-F		00:09:22	<b>00:39:40</b>	07:56 min/Km
712	85	231	ELGUEZABAL SÁNCHEZ , CARMEN	FEMALE	VET-A-F	CORRESIERO ATLETISMO	00:10:54	<b>00:39:42</b>	07:57 min/Km
713	182	403	GONZALEZ FERNÁNDEZ , ALEX	MALE	VET-A	CORRESIERO ATLETISMO	00:10:54	<b>00:39:42</b>	07:57 min/Km
714	86	230	ELGUEZÁBAL PÉREZ , LYDIA	FEMALE	VET-A-F		00:10:57	<b>00:39:43</b>	07:57 min/Km
715	183	327	FUEYO MARTÍN , ANTONIO	MALE	VET-A		00:10:57	<b>00:39:43</b>	07:57 min/Km
716	26	854	ZHANG , RUO	FEMALE	SUB-18 (JUVENIL)-F	INDEPENDIENTE	00:11:47	<b>00:45:02</b>	09:01 min/Km
717	27	778	SORDO ORDOÑEZ , ANDREA	FEMALE	SUB-18 (JUVENIL)-F	INDEPENDIENTE	00:11:47	<b>00:45:03</b>	09:01 min/Km
DNF		608	ORDIALES LÓPEZ , PELAYO	MALE	SUB-18 (JUVENIL)	ATLETISMO CIUDAD DE LUGONES	00:04:42		
DNF		710	RODRÍGUEZ GARCIA , EDUARDO	MALE	SENIOR	RUNMARC	00:04:57		
DNF		318	FONSECA DEL SANTO , JOSE ANTONIO	MALE	SENIOR	COLUNGA ATHLETISMO JURASICO	00:04:58		
DNF		328	GABITO REQUERA , DIEGO	MALE	SUB-20 (JUNIOR)		00:05:17		
DNF		2	ABARCA SUCO , ANGEL	MALE	VET-B		00:05:48		

**CARRERA FIN DE AÑO**  
**- LA POLA SIERO -**  
**- ABSOLUTA -**

**29 DICIEMBRE 2019**

POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CAT	CLUB	CONTROL	META	RITMO
DNF		32	ÁLVAREZ HERNÁNDEZ , JUAN CARLOS	MALE	VET-B		00:06:43		
DNF		432	GONZÁLEZ VALLINA , PAULA	FEMALE	SUB-23 (PROMESA)-F	INDEPENDIENTE	00:06:49		
DNF		382	GARCÍA TOMAS , MARIO	MALE	SUB-18 (JUVENIL)		00:07:06		
DNF		693	RECIO VELÁZQUEZ , ÁNGEL	MALE	VET-A	INDEPENDIENTE	00:07:08		
DNF		756	SÁNCHEZ RODRÍGUEZ , IRENE	FEMALE	SUB-23 (PROMESA)-F		00:07:12		
DNF		555	MIGUEL BLANCO , AITOR	MALE	SENIOR	INDEPENDIENTE	00:07:27		
DNF		601	NUÑEZ GARCÍA , EVA MARIA	FEMALE	VET-B-F		00:08:06		
DNF		526	MAUJO LLAMES , MARÍA	FEMALE	SENIOR-F	ESCUELA FÚTBOL SALA DE SIERO	00:08:10		
DNF		317	FONSECA , ALEJANDRO	MALE	SENIOR	INDEPENDIENTE	00:09:01		
DNF		342	GARCIA DE LA NOCEDA RIVA , CARLOS	MALE	VET-B		00:09:37		
DNF		626	PALACIOS DÍAZ , LAURA	FEMALE	SENIOR-F		00:10:48		